

ART TIPS collection



INDEX —

Editorial Director: Raffaele Rocchi

Drawings and illustrations: **Miyuli**

Image captions: Miyuli

Texts:

Laurence Casalini

Graphic project: Laurence Casalini

English translation and proofreading: Laurence Casalini, Adam Boltik

© 2020 by Miyuli. All rights reserved.

© 2020 Kudos S.r.I.s a single shareholder, Bologna

ISBN

978-88-31252-03-4

This volume was printed by: New Print S.n.c. - Viale Kennedy 17 30025 Fossalta di Portogruaro (VE) Printed in Italy

First edition - September 2020

AIK.
www.kudoseditore.com

Index	V	PART 4: CLOTHES, FOLDS	
General introduction	VII	& SHOES	75
Preface	IX	Clothes	76
Introduction	XI	Folds	78
		Shoes	84
PART 1: ANATOMY	1	PART 5: BONUS MATERIAL	87
Human figure	2	Colouring	88
Body proportions	4	Cats	92
Neck & shoulders	6		
Torso & pectorals	8		
Hands	10	Bibliography	97
Hips & legs	18		
Feet	26		
Poses & gestures	28		
Figure study	34		
PART 2: HEAD	37		
Front & profile	38		
High and low angles	40		
Eyes	46		
Facial expressions	50		
Face variations	52		
Kissing	54		
Hair	58		
PART 3: FORESHORTENING	61		
Full-body	62		
Head, neck & shoulders	68		
Arms & back	72		

GENERAL	
INTRODUCTION	

I'm Miyuli and I like to draw.

I have been drawing ever since childhood and the desire to improve was a big part of my enjoyment and journey as an artist. At some point I thought it would be nice to summarise my notes and make them comprehensive so that I can always come back and remind myself of what I've learned.

I've been sharing my notes on drawing for a few years now and I really hope that some people find them helpful as well. With the help of Kudos Editore, I collected all the art tips I have made so far into this collection. If you want a complete collection of my art tips on paper this is a great opportunity.

You are welcome to use any of my notes as complementary study material or to reference poses you might be struggling with in your own drawings.

These notes are not supposed to be unbreakable rules but rather small reminders to consider so that you can decide if you want to use them for yourself.

Most of this content is related to drawing the human body as I struggle with and study anatomy a lot. There are notes starting from drawing the head and torso to drawing hands and feet. I have also written down some notes on drawing the body from potentially difficult angles as foreshortening can be a tricky thing to understand and draw. A fairly large section deals with clothing and drawing folds..

There are some art notes that only my patrons have seen and some exclusive new content only found in this book.

I really hope any of my notes can help you with your own artistic development. Please use it as a small stepping stone on your journey and keep having fun while studying.

Miyuli

PREFACE -

«A manual... What a fright!»

The word 'manual' scares many people. It sounds severe and it doesn't fully describe the product you have in your hands: Miyuli's Art Tips Collection is not a manual to forget on the shelf. Its chapters' structure, divided by colors, allows easy consultation even for the laziest students and the most skeptical professionals who need to review a certain topic or fill some artistic gaps.

What you will find in this book is a collection of many artistic tips created by the artist between 2017 and 2020, and collected for the first time in a volume of over 90 pages.

Whether you are a beginner or an expert, this collection of tips will help you integrate your knowledge on the most diverse artistic subjects from anatomy to the body in perspective, from poses to folds, to get to coloring and - why not! - to domestic feline companions that we love so much, and maximize your workflow.

Miyuli, with the naturalness and roundness of her trait, will accompany you on a pleasant and colorful journey into learning and integrating your art skills and she will take care of the image captions, which will be in colors and written in a calligraphic font.

The rest of the texts in grey, white, or black color will be edited by Laurence Casalini, whose initials are L.C., a member of our editorial staff who has received artistic education and graduated in Disciplines of the Arts, Music and Entertainment at the University of Bologna.

You will find the list of books consulted in the bibliography at the end of the volume. If you find errors or inaccuracies in our texts, do not hesitate to contact us and we will do our best to correct them in the next editions.

Now we can only wish you a nice trip and, please, don't forget your tools of choice, whether they are digital or traditional.

The editorial staff

INTRODUCTION —

Thank you for buying this book!

li is an illustrator and comic artist

I hope it will be useful to your artistic development.

Use this book as a complementary addition to your own studies. It's always beneficial to learn from real life first. Regularly going back to the basics will give you a strong foundation and build up confidence in your own skills.

I recommend doing life drawing, studying well-made 3D models and checking out how other artists solve artistic problems.

Hopefully this book can clear up a few things and give you ideas how to solve things you might be struggling with yourself.

I wish you a lot of fun drawing what you love.

Miyuli is an illustrator and comic artist who likes to share her notes on artistic improvement.

She is mostly known for her short comic Hearts for Sale and various webcomics such as Lost Nightmare and Demon Studies.

> Website: miyuliart.com

> > Instagram:

Artist bio

www.instagram.com/miyuliart

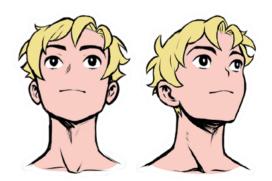
Twitter:

twitter.com/miyuliart

Patreon:

www.patreon.com/miyuli

Miyuli



ANATOMY

If you have difficulty drawing the human figure, this is the chapter for you.

Starting with anatomy is the simplest method to learn how to place the threedimensional figure in a 2D space so that it appears harmonious and natural, a skill much in demand in the creative field.

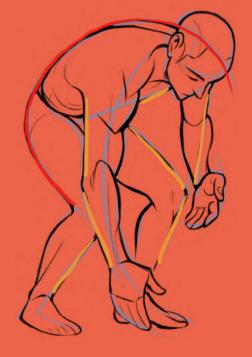
Miyuli will show you some of her professional techniques to avoid the most common errors concerning the human figure in its front, profile or rear view, and she will share some tips on how to draw the different anatomical parts, naked or dressed up.

In this chapter she has included some common and hard to draw gestures, such as crossed arms and legs, figures in action and fighting poses.

At the end of the chapter you will also find some studies on the human figure made by the artist and the value of real life drawing.

I hope you will enjoy reading!

L.C.

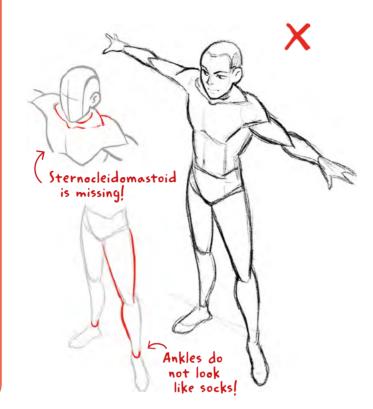


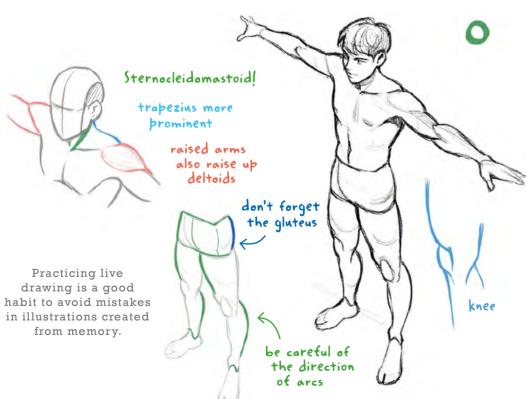
THE HUMAN FIGURE

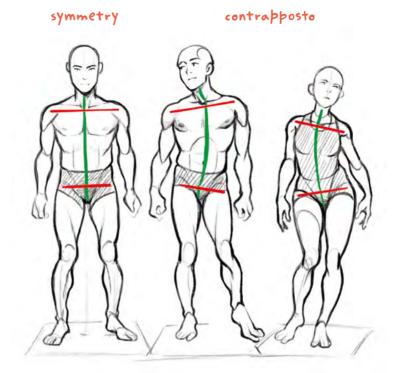
During the study of artistic anatomy, the first difficult test will be to learn the whole human figure in its different forms - male or female, adult or child, young or old, muscular or slender, etc.

The human figure is one of the trickiest starting points for those who want to pursue an artistic career or simply to indulge in drawing.

In this section, we will show you some methods Miyuli uses to approach it.







To draw a human figure in a bidimensional space, start from a rectangle in perspective then place a human figure above it.

You can start with the two horizontal axes that pass through the shoulders and through the pelvis, then connect them with a vertical line that identifies the spine.

When a person walks or moves their weight from one foot to the other, the axis of the back creates a curve and the two horizontal axes of shoulders and pelvis tilt. This technique applied to art is called *contrapposto*, and it generates figures more dynamic than in symmetry.



BODY PROPORTIONS

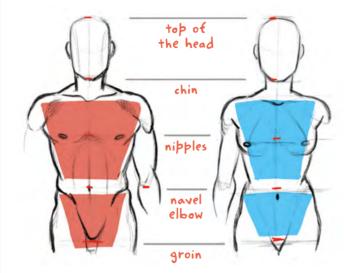
The human body can be easily simplified into geometric elements.

For instance, the length of the upper body is about the same as four head lengths.

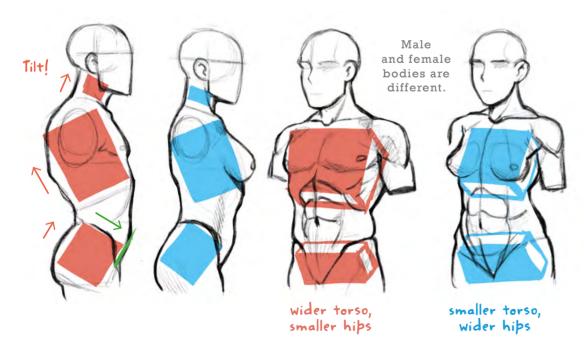
From the front, the torso and the pelvis can be stylized in two inverted trapezoids that tighten at the waist with different proportions based on the person's gender and build. In men the shoulders are wider and the pelvis narrower; in women the pelvis can be equal or wider than the shoulders.

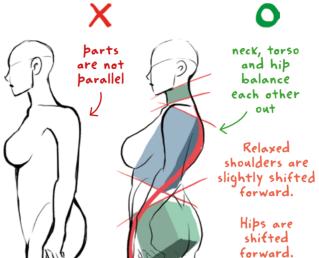
Important:
get proportions
down first!

upper body = four heads



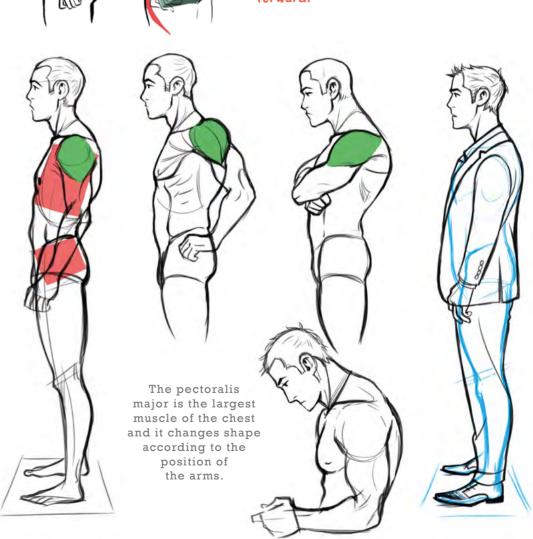
In female bodies, the nipples, navel and groin are lower than in males, and their hips are wider.





In the profile figure, the neck can be simplified into a cylinder, the thorax and pelvis in parallelepipeds with opposite inclinations: the thorax will seem to lean backwards, while the pelvis seems to fall forward.

These angles vary from person to person and they are related to the posture and to the curve of the spine.

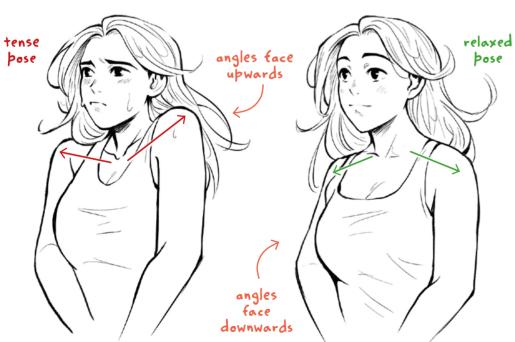


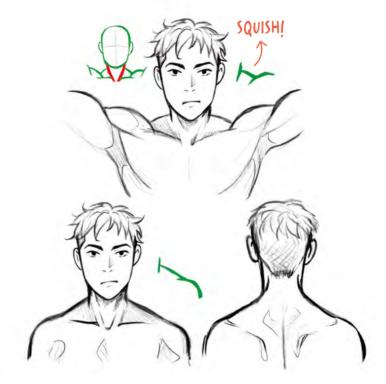
NECK & SHOULDERS

The neck and shoulders are fundamental in non-verbal communication. The shoulders rise and stiffen when we are uncomfortable and the head will seem to sink into the neck. On the contrary, when we are relaxed, the shoulders will appear sloping and they will face downwards.

To analyze this tension, consider the position of the clavicle with respect to the shoulders, which will generate uphill angles in case of tension and downhill angles in case of rest.







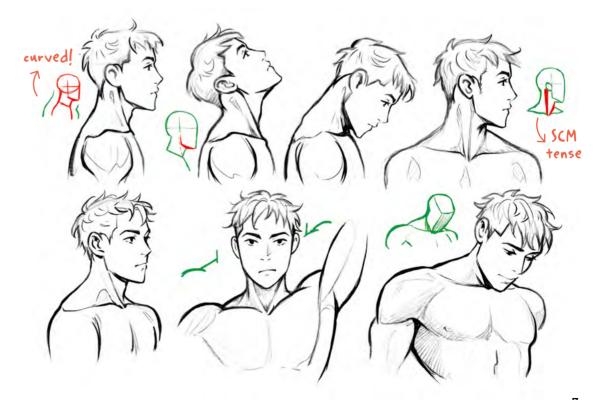
The deltoid and sternocleido-mastoid, abbreviated as SCM, and the trapezius move in relation to each other.

When we raise our arms, the deltoid swells and the trapezius appears compressed.

When we tilt the head back, the SCM tenses and the trapezius swells.

When we move the head forward, the trapezius will stretch, together with the splenius capitis, a muscle located in the back of the neck.

When we turn our heads to one side, the SCM of the opposite side will tense.

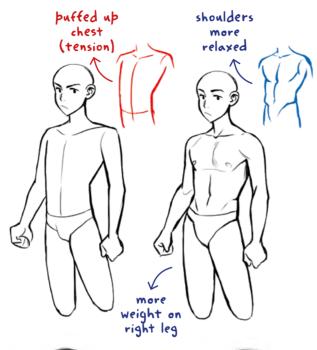


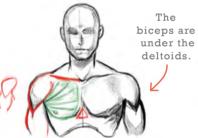
TORSO & **PECTORALS**

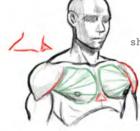
We have seen how two parallelepipeds can be inscribed in the human thorax and pelvis, but we should also keep in mind that the torso is made up of muscles and bones that move in relation to each other, and that they take different shapes according to the observer's point of view, to the limbs movements and to the position of the head and neck.

Let's see these muscles together!

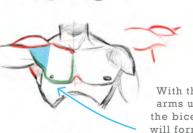
The torso has two clearly visible recesses: one near the sternum and the other on the navel.







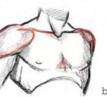




With the arms up, the biceps will form a triangular area near the tendon.



When arms are up, shoulder blades are more distant.



When arms are back. shoulder blades move closer.



the The fibers pectoralis major are fanshaped with three ends and abdominal - which tendon to the humerus.

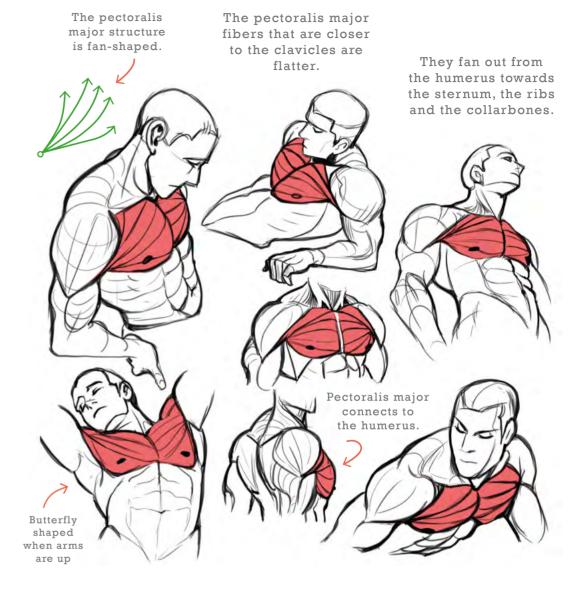
The shape breastplate varies in

of arms and shoulders in relation to the chest.

In a trained body, the - clavicular, sternocostal muscle band of the pectoralis major closest to are connected by a single the collarbones is flatter and less protruding.

of the With the arms raised, upwards. the pectoralis major relation to the position and clavicular portion, a

muscle band between the pectoralis major and the deltoid, will change shape and the tendon near the humerus will swell. The nipples and all these muscle groups will move

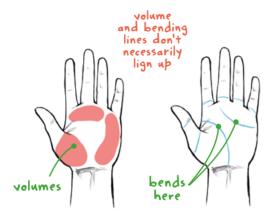


HANDS

Hands are one of the most complicated parts of our body to understand when it comes to making art. They are a prehensile organ with many functions and they are used as a means of expression to replace the word.

The main elements of the hand are the wrist, which connects the hand with the forearm, the metacarpus, made up of 5 bones that correspond internally to the palm and back of the hand, and the fingers, one of which is opposable.

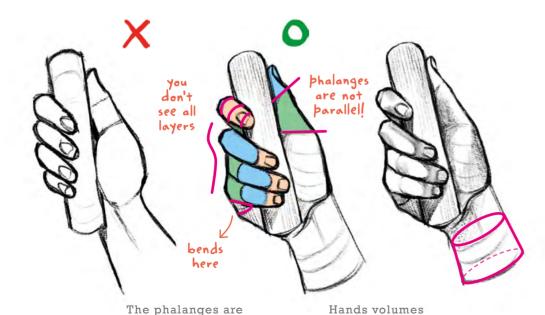
Let's see how to simplify their shape to better design them. If we bring the thumb closer to the little finger, it will bend, generating several folds called palmar creases.



The two main folds are the one at the thumb, the thenar crease, and the one below the last three fingers, the distal transverse.

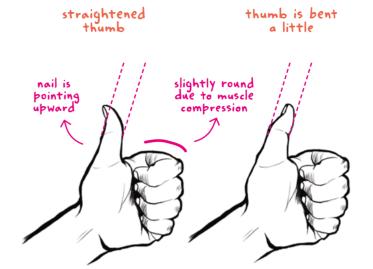
can be schematized

in geometric shapes.



like three cylinders

with connected bases.



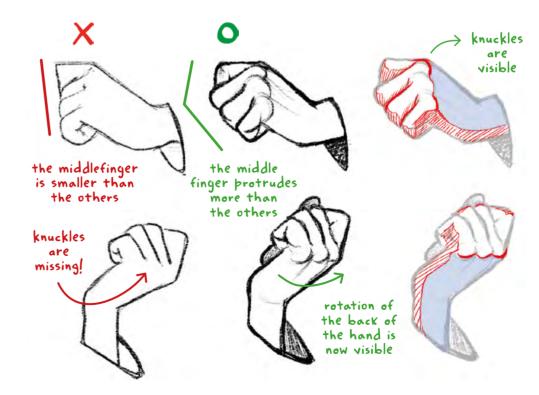
The fingers have three phalanges and they bend towards the palm thanks to knuckles' rotation.

The fingers have three bones each, the phalanges, which can be easily simplified into three cylinders, one above the other, from the largest to the smallest.

However, when we hold an object in our hands or clench our fists, the muscles of the fingers form folds that exceed these cylinders.

The palm and the back of the open hand can be inscribed in a parallelepiped which, however, will arch when we bring the thumb and the little finger together.

When we press the

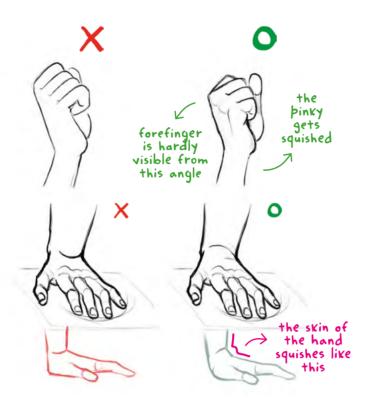


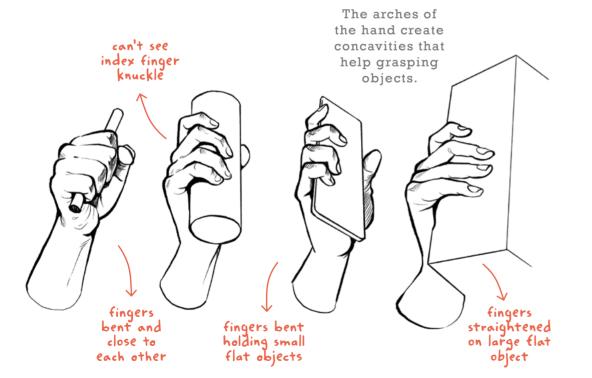
HANDS

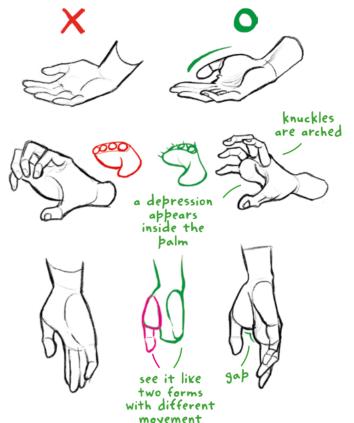
hand on a flat surface with the wrist perpendicular to it, the skin on the back of the hand curls outward and the knuckles and palm seems to be on the same plane.

When we grasp an object, however, we can clearly see how the hand becomes concave and appears to be crossed by three different arcs.

The first is vertical, goes from the wrist to the fingertips and is called the longitudinal arch which is flexible near the phalanges. The other two cross the hand horizontally, one near





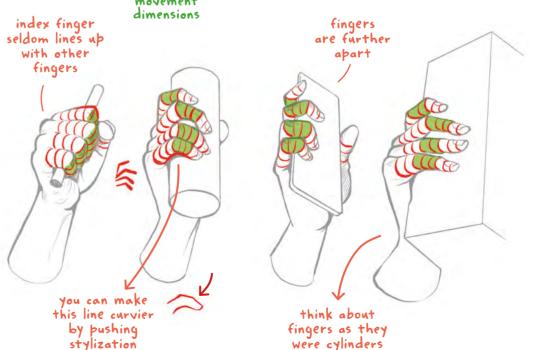


the junction of the thumb and is called the proximal transverse arch, which is rigid.

The other joins the metacarpals of the fingers and is flexible at the ends, particularly in the first, fourth and fifth metacarpal.

This flexibility of the palm allows us to join the little finger with the thumb and make other movements that would not be possible otherwise, such as squeezing objects.

Even when we clench our fists it is evident that the fourth and fifth metacarpals come slightly closer to the center of the hand.



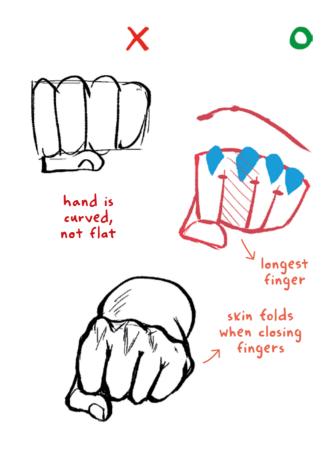
When we close the hand into a fist, the fingers flex and the thumb adducts.

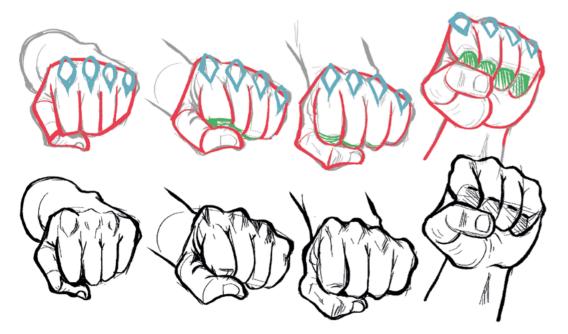
The palm of the hand is partially hidden and the adductor muscle of the thumb becomes more prominent.

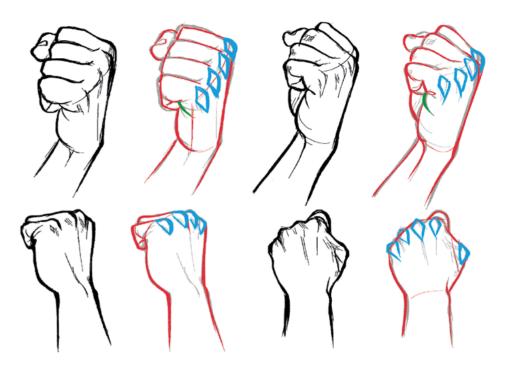
On the back of the hand, the knuckles, where the extensor tendons of the fingers pass, become much more evident.

The knuckles have a vaguely pyramidal shape with variable roundness and arise at the union between the heads of the metacarpal bones and the bases of the first phalanges.

There are four knuckles and are formed at the upper intersection between the fingers and the palm. To stylize the hands,

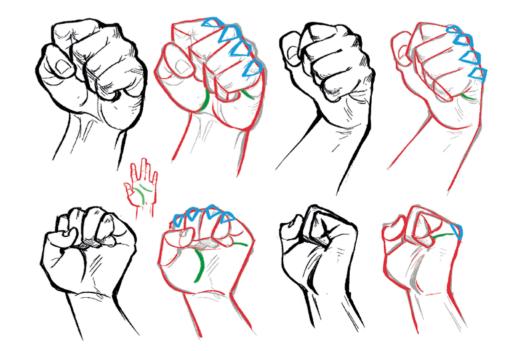






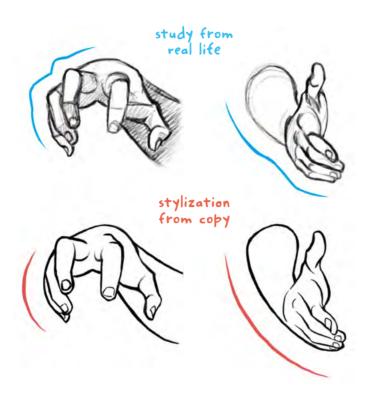
Knuckles are arranged along the distal transverse arch, which is slightly raised at the middle finger.

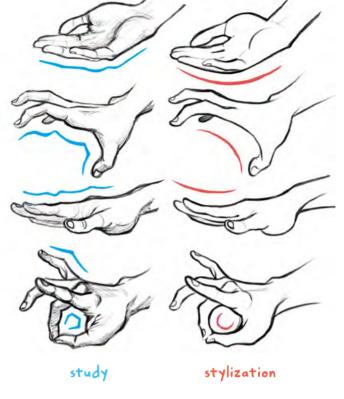
Index finger doesn't follow the others also because it is pushed up by the adductor pollicis muscle.



▶ I recommend starting with a study from real life. After copying the subject in front of you and making sketches of it - do not forget to identify the shadows, you will need them to understand their volumes - then you can proceed to redesign its volumes and shapes by simplifying their lines.

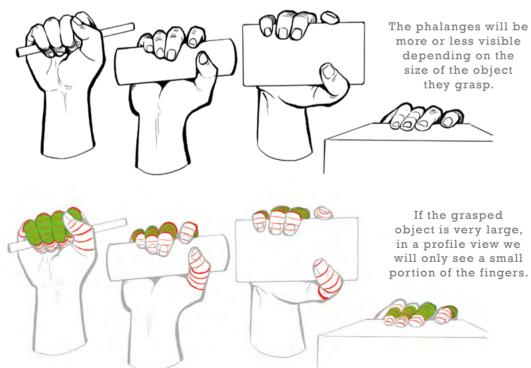
But how do you do it? If your style is soft, you can combine edges like those created by fingers or indentations like those in the wrist, hand, and forearm and simply them with arcs or circles instead.

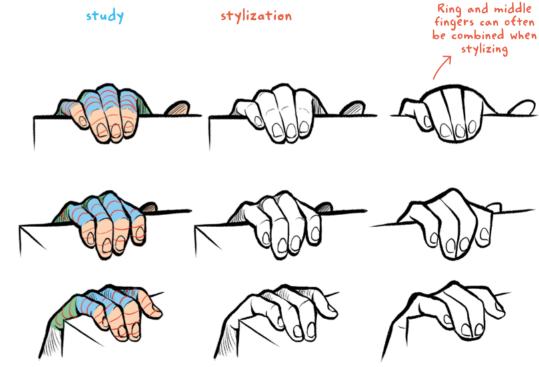




If, however, your style is angular, you can try to accentuate all the vertices that are created in your sketch and push them to the maximum.

If your style is a mixture of soft and rigid figures, you can combine circular and pointed shapes. Experience as you wish and be creative!



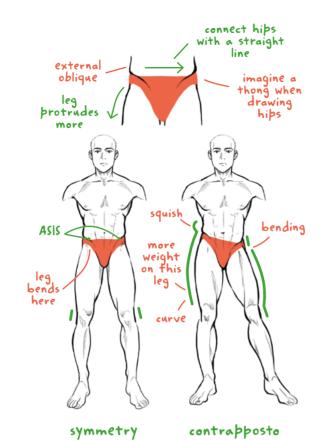


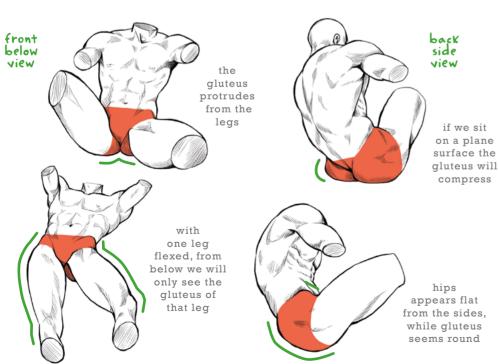
HIPS & LEGS

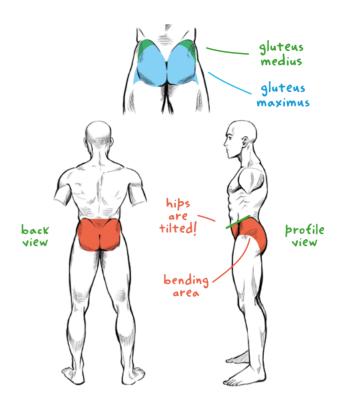
Several movements such as walking, jumping, running, etc. depend on the muscles and tendons connected to the hips.

The hip region is located anteriorly and laterally with respect to the gluteus region and between the iliac crest and the greater trochanter of femur, which is the major bone of the leg.

Its sides are identified by the protrusions close to the groin where the superior iliac spine comes out: the ASIS.



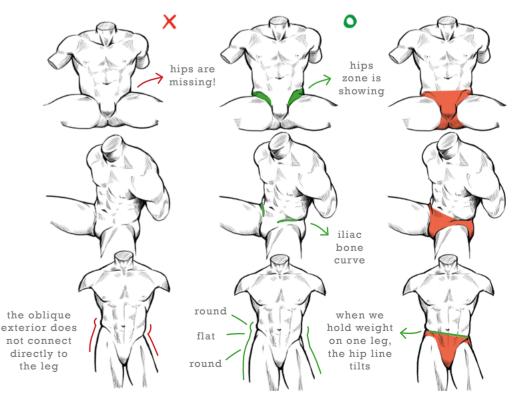




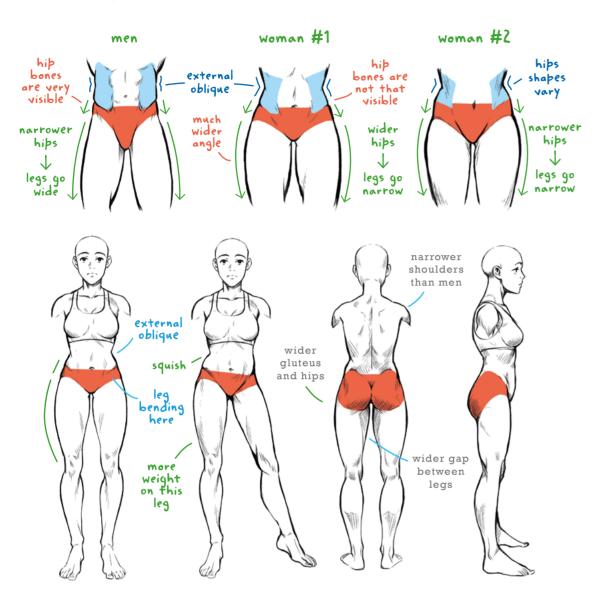
The muscles of the torso and legs are separated by the iliac crests, so the lower end of the external obliques will not connect to the legs but the iliac bone instead.

In drawings, it is important to remember both the swelling of the hips formed from the oblique exterior, and the deeper set point corresponding to the iliac bone and preceding the legs: this point is what we commonly call the hip.

The women's pelvis is very different from the men's: the hips are wider and they anticipate the curve of the legs,



HIPS & LEGS ANATOMY



which tenses towards the inside, while in men the legs are tighter due to the narrower hip bone. This difference in inclination O-Angle named and it is around 18° in women, and 13° in men. In addition, the gluteus The women's pelvis is wider but also shorter outwards due to

than the men's one, so the hips are less spacious than in men. The pelvic cavity of women is wider and deeper to house the reproductive organs, while in men it is narrower. in women are turned the

greater width of the pubic arch, while the men ones are turned inwards.

The women's sacrum is shorter, nearly flat and curved forward in the lower part. Also the coccyx is more movable than in men.

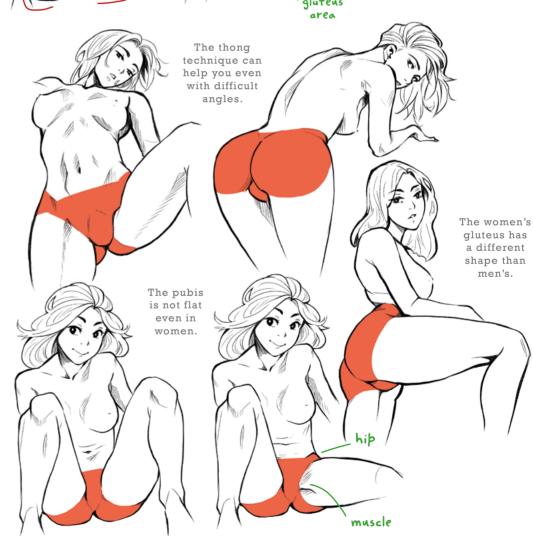
As for the posterior part of



the iliac bone, in women the greater (or false) pelvis is shorter than in men. This contributes to the different shape of the aluteus in both sexes.

The lowest limb is the appendix that joins the trunk in its lower part. In the healthy subject there are two, the right and the left, of equal length. The lower limbs in

21

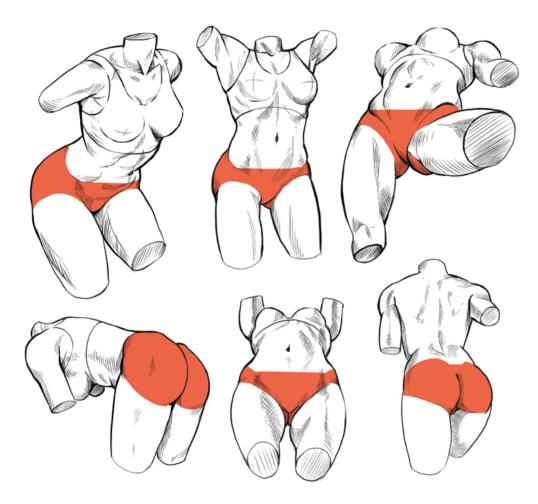


HIPS & LEGS ANATOMY

Women's hips are wider than those of men but their waist is narrower.

The distance between the glutes is more pronounced in women.

Women's thighs protrude laterally from the pelvis more than men's.



humans are mainly used for locomotion and for maintaining balance in an upright position. Proceeding downwards, the lower limb is divided into six regions which are the hip, thigh, knee, leg, ankle and foot. Three of these - hip, knee and

ankle - are articular.

The hip joins the lower limb with the trunk and, thanks to the coxofemoral joint consisting of the acetabular cavity and the head of the femur housed therein, allows the mobility of the limb.

the lower limb between the knee and the ankle. While the calf is the back of the leg located

and the knee.

the limb between the hip

The leg is the portion of

between the knee and the ankle, the shin is the The thigh is the portion of front and is identified by

the protrusion of the tibia. To draw the legs it is essential to remember that between the upper since the (thigh) and lower (leg) there is the knee joint

which is composed of the

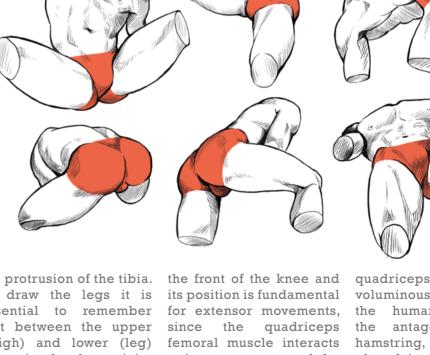
at its upper apex and the patellar tendon at the femur, the tibia and the lower apex.

In the front of the thigh called because it consists The patella is located in there is the femoral

quadriceps, the most voluminous muscle the human body and antagonist of the which placed in the upper and lateral part of the thigh. The quadriceps is so

of four heads: the rectus

The distance Men's thighs Men's hips are between the glutes protrude laterally narrower than is less pronounced from the pelvis less women hips. than women's. in men.

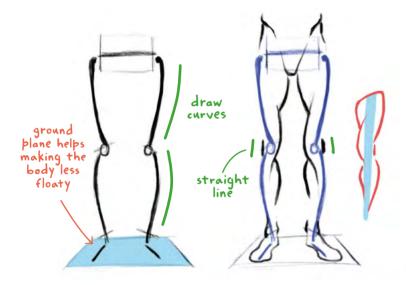


ANATOMY HIPS & LEGS

To draw the legs it is necessary first of all to let them rest on a plane.

Then you have to connect the two curves on the outside of the leg to the patella.

The legs protrude inside and are flat on the outside at the knees.

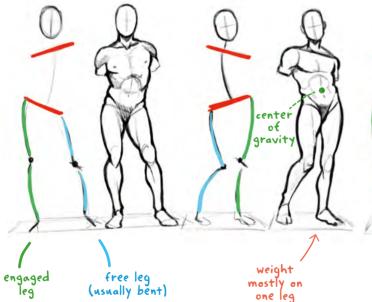


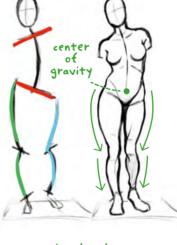


CONTRAPPOSTO

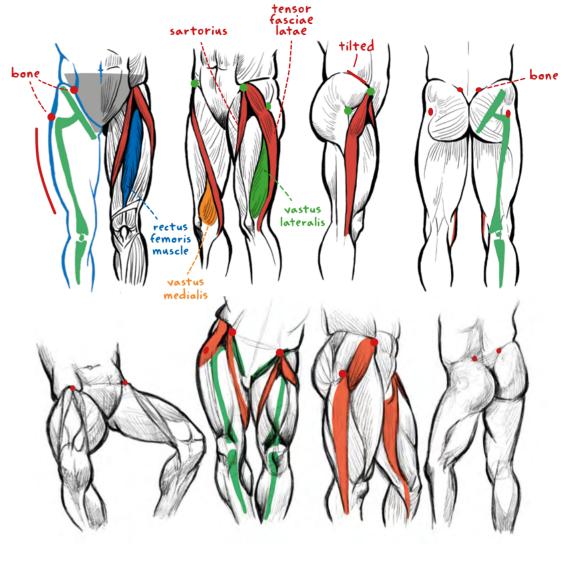
Avoiding symmetry makes the pose more dynamic.

The center of gravity in women is lower than in men.





bending knees inward makes bose more feminine



• femoris, the vastus the medialis, vastus lateralis and the vastus intermedius. The vastus intermedius is situated beneath recus femoris.

These four muscles merge The role of the rectus together into a tendon that appears unique, but several sheets, which fits to the pelvis.

into the patella.

The quadriceps allows us to maintain the upright position and is essential for walking, as it extends the knee.

femoris, on the other hand, is to flex the hip, is actually made up of bringing the thigh closer

FEET

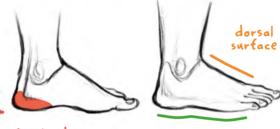
The foot is the terminal part of the lower limb, connected to the leg through the ankle, which allows walking and balancing the body in an upright position.

The parts of the foot are the heel, which constitutes the rear end, the metatarsal, which constitutes the front, and the five toes, which reduce in size as you move to the outside of the foot. The metatarsal bones and phalanges of the fingers - proximal, intermediate and distal - form the forefoot. The big toe does not have an intermediate phalanx.

In a standing position, the foot is divisible into two surfaces: the plantar and the dorsal.



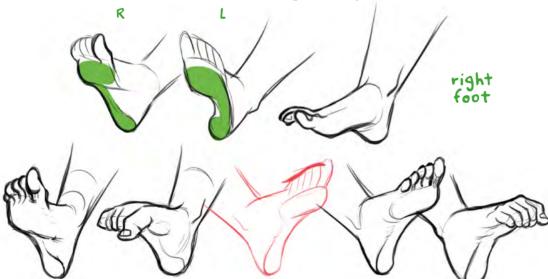
balance

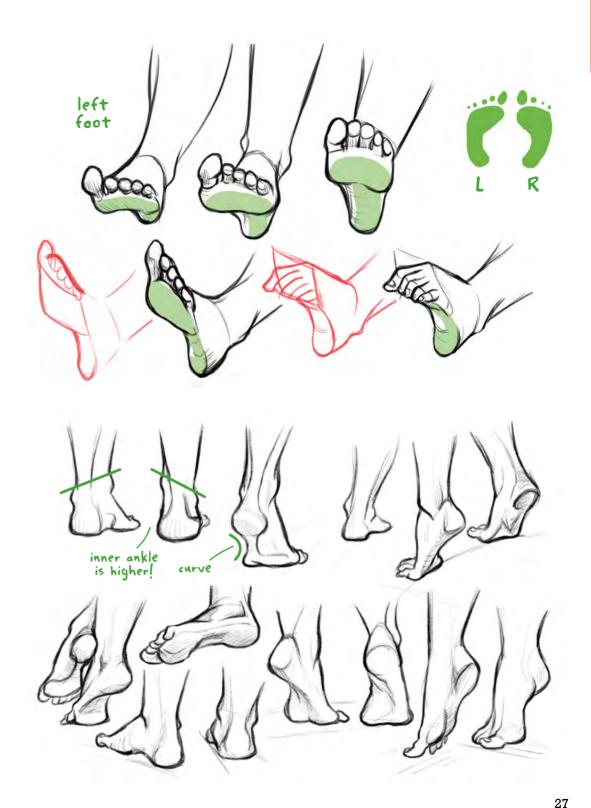


fat pad

þlantar surface

In hands, the muscles are located in the palm only. In feet, they are located both on the sole and on the back.

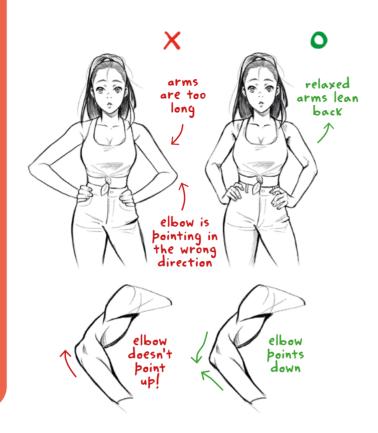


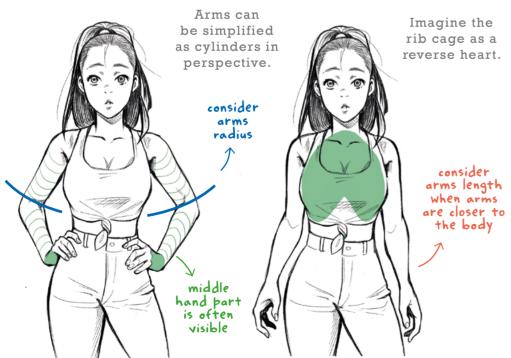


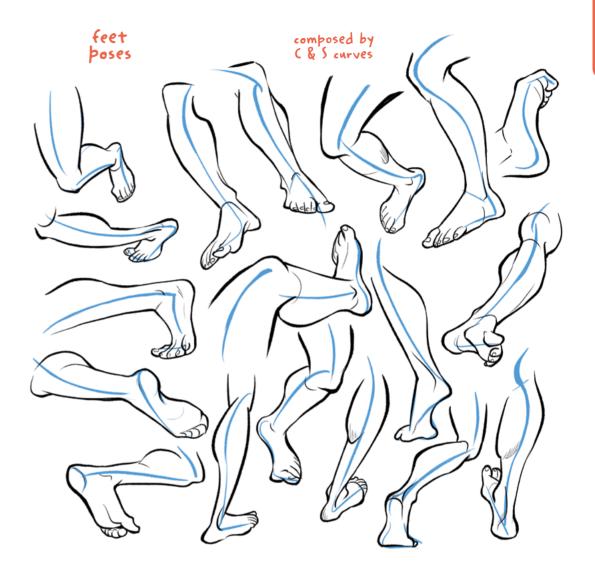
POSES & **GESTURES**

To create balanced and proportioned figures, anatomy lessons are not enough. To narrate a story without making a massive use of dialogues, it is also necessary to consider the body language, or kinesic system, which is part of non-verbal

Body language includes: eye movements, facial expressions, gestures, body language and posture.







S curves can be used create dynamic compositions. They can be applied both to the elements of a painting or an illustration. The

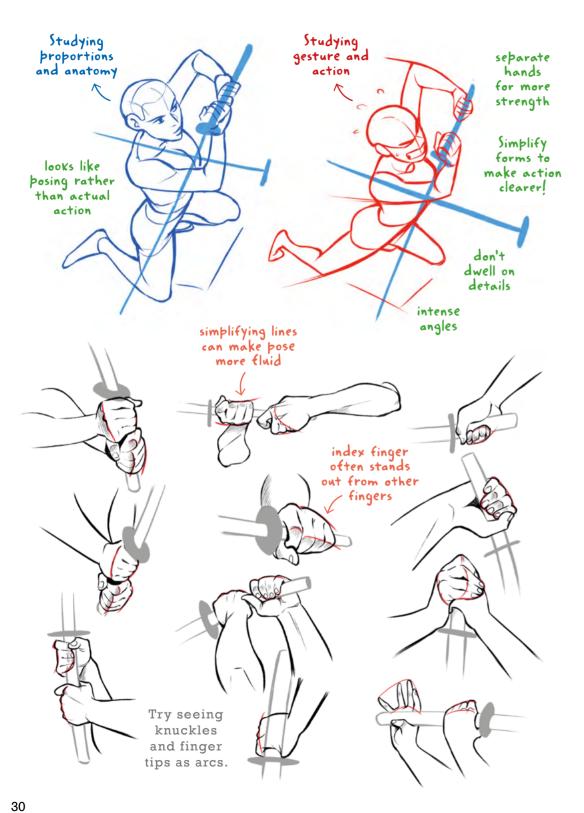
most of its weight on one foot, moving the center of gravity asymmetrically to BC). one side.

human figure in an upright The contrapposto is a then taken up both as (contrapposto) position, technique used since 480 and to the individual BC by the Greeks to create sculptures of human figures that appeared less contrapposto occurs when static and more relaxed da Vinci.

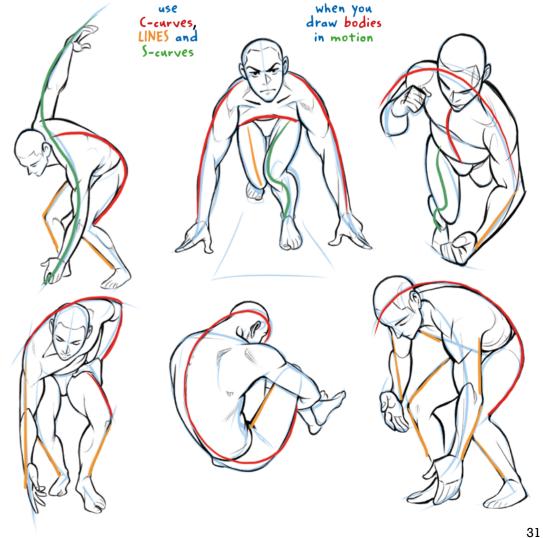
In visual arts, C and the figure is standing with than the symmetry used on kouros and kore of Archaic Greece (800-480

> The contrapposto was a sculpture style and as a drawing by Italian Renaissance artists such as Donatello and Leonardo

POSES & GESTURES ANATOMY







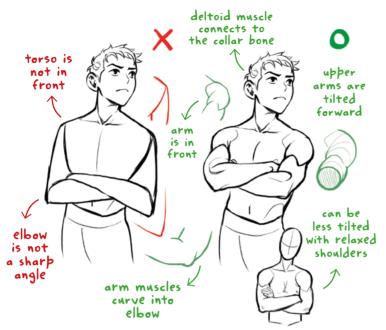
POSES & GESTURES ANATOMY

Crossing the arms in front of the body denotes a defensive attitude towards the environment or other people in the room.

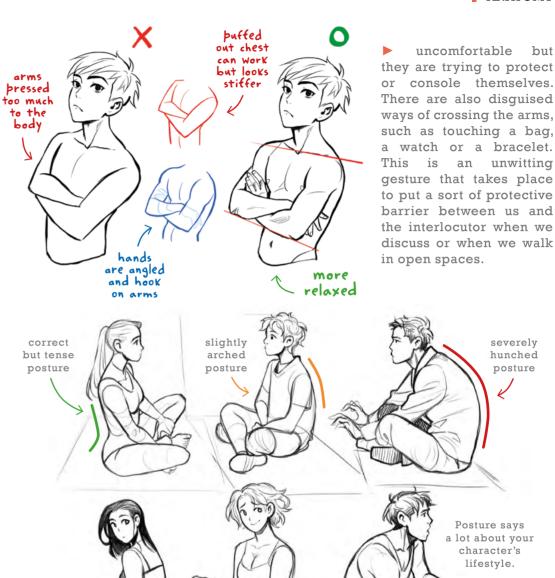
If the arms are stretched it can indicate the prelude to a physical or verbal assault.

If the arms are more but always relaxed crossed, it can indicate that the person is not comfortable or insecure.

If the hands embrace the arms, it can mean that the person is







severely hunched

posture

character's lifestyle.

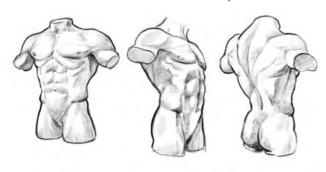
FIGURE STUDY

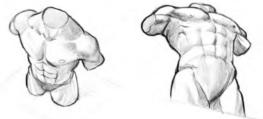
The study of the human figure, preferably from life but also through photographs or 3D models. is the best way to approach learning anatomy.

Knowing the function of each muscle, bone and ligament is not enough to create natural and dynamic figures. We must also consider how light falls on the body, its proportions and its volumes.

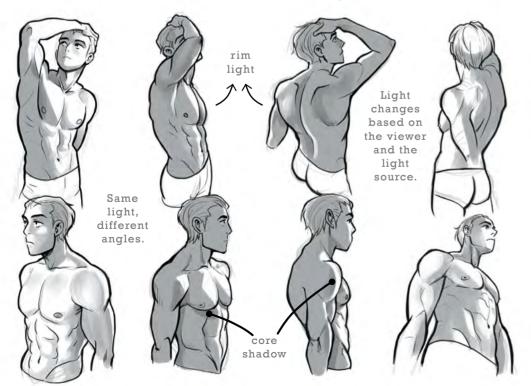
For this reason, practicing live drawing and shading is recommended to bring your figures to life.

Drawing the same subject from different angles helps to understand the volume of the body.





The cast shadow is often located at the meeting point between light and shadow.





The chiaroscuro in a drawing identifies illuminated and dark elements in it, and helps to give the illusion of 3D to drawings. To apply it on a subject we must consider how we perceive it through our eyes, based on the position of the viewer, the object and the halftones.

light source.

In a figure, we can identify different areas of light, halftone and shadow.

The lighter parts are the light. The shadow that highlights, the darker parts are the core shadow and the middle points that are illuminated but do not reflect the light are the

Environmental elements close to the subject can reflect a light on it, which is called reflected the subject casts into the environment is called cast shadow, which for its part can reflect on the subject creating a reflected cast shadow.

HEAD

In this chapter Miyuli will show you how to draw the head in its front and in its profile view and what are the most common or ideal proportions for the different parts of the face.

She will present the volumes of the head and how they are perceived when viewed from different angles and the stylistic simplification starting from life-drawing.

She will deal with the different shapes of eyes and noses and how these two elements are closely connected in a face. Furthermore, she will show you some face variations due to the creative use of the different features and how to arrange the hair above the head.

Finally, a part of this chapter is dedicated to kisses and some tips on how to draw them.

I hope you can learn some new tricks to speed up your work.

Happy practicing!

L.C.

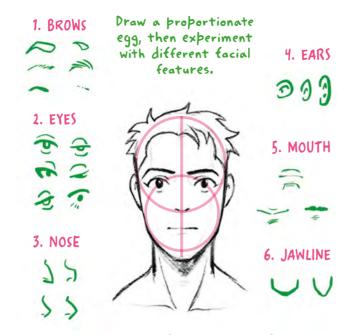
39

FRONT & PROFILE

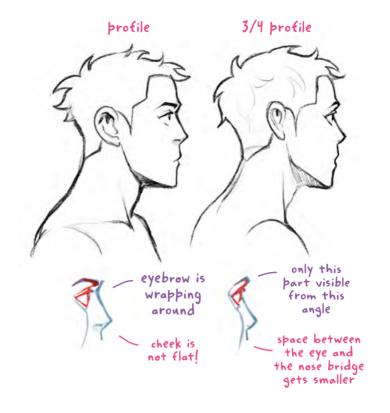
Since the Paleolithic and from the first rock carvings dating back to around 38,000 BC, the human body has always been the center of artistic representation and it has always been the primary means of creating art.

Since then, numerous artists and art theorists have come up with rules for drawing the human body, starting with the shape of the head to all its features.

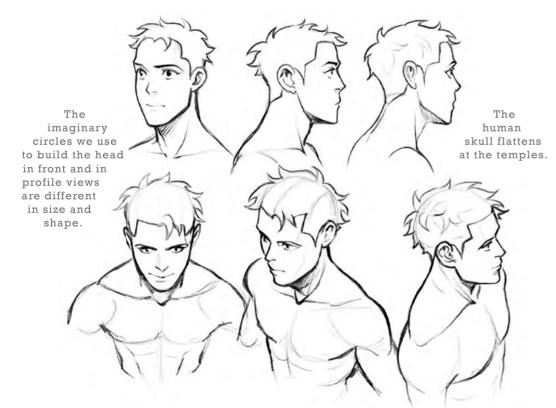
Let's see some of them.

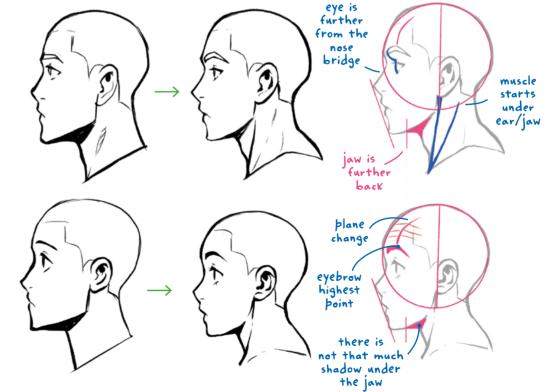






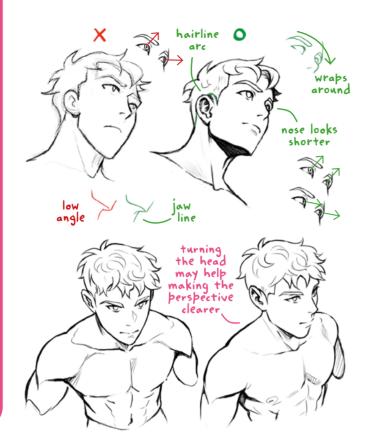
To draw a human head in a frontal view, we can draw two circles, a larger one whose highest point corresponds to the skullcap and the lowest point of which corresponds roughly to the tip of the nose. We then trace the vertical diameter of this circle and further extend it by a measure corresponding to the length of its radius. From the point where diameter touches the first circumference. we trace a second with a radius approximately 1/4 smaller than that of the other circumference.

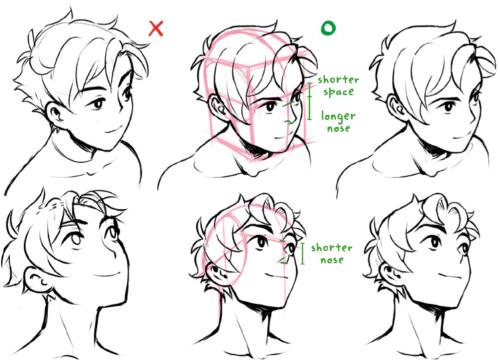




HIGH AND LOW **ANGLES**

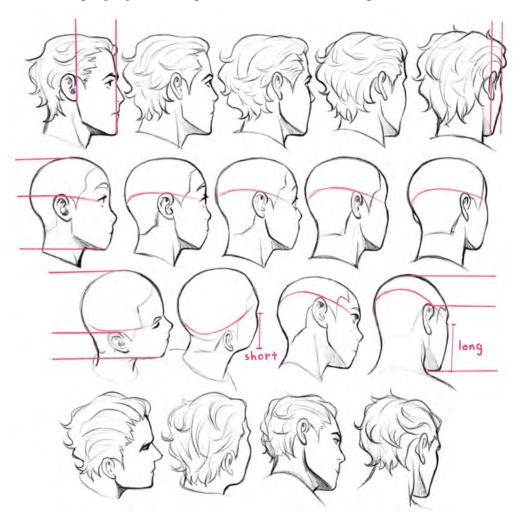
As long as the head view is frontal or in profile, the difficulty of realization is minimal. When drawing it from below or above, however, there are some precautions to be taken. To simplify the work we can inscribe the head in a cube, with each face divided into four parts, and put it in perspective. This way, the horizontal line that cuts the cube will pass through the eyes and ears, facilitating the task.





Pay attention to the distance between facial features to get proportions right.

In the backside view. the space between ears and nose gets shorter.



technique to a more for us to draw horizontal and the chin. head rotation.

enlargement or reduction hiding the nose.

If we applied the cube of the distance between If we pass over the head the individual features. realistic head, however, such as that between the we would soon realize that nose and the eyes or that it would make it difficult between the cheekbone

For this type of view, it to behind the shoulders is necessary to consider of our figure, the distance the section of the head between the nose and the as an ellipse and the ear is shortened, finally

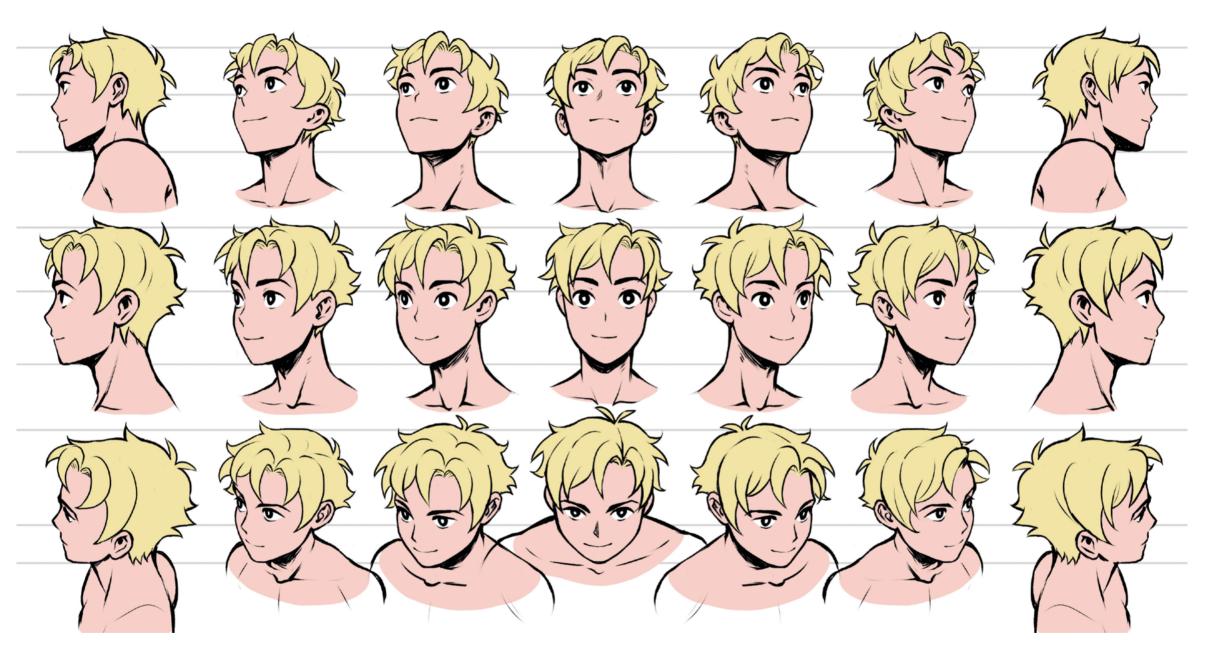
to below it, the distance between the cheekbone and the chin lengthens because of perspective.

In general, the forms Moving from the profile furthest away from us appears smaller, and those closest to us appear larger.

> The high, the low and the eye-level angle shots

> > 41

VOLUMES & ANGLES HEAD



framing techniques with different psychological small and vulnerable to effect to the high angle effects on the observer. the observer. In the high angle shot, the In the low angle shot, the will appear threateningly camera is placed above camera is placed under strong and powerful

> are cinematographic it from above. It is usually at it from below. In this used to make the subject case there is an opposite

shot, where the subject the subject and looks at the subject and looks compared to the observer, subordinate position. Both characters involved. of these angles can serve The to make a shot more epic involves the camera or the scene is also reduced. and dynamic, whether the eye of the observer cinematic or not, as well at the same level as the as to establish power observed subject. In this

which will be in a relationships between the way a neutral and free of

eye-level

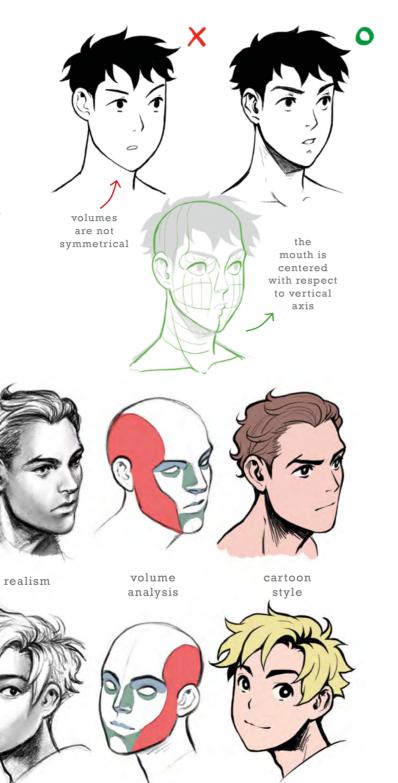
hierarchical relationship shot is created but the drama of

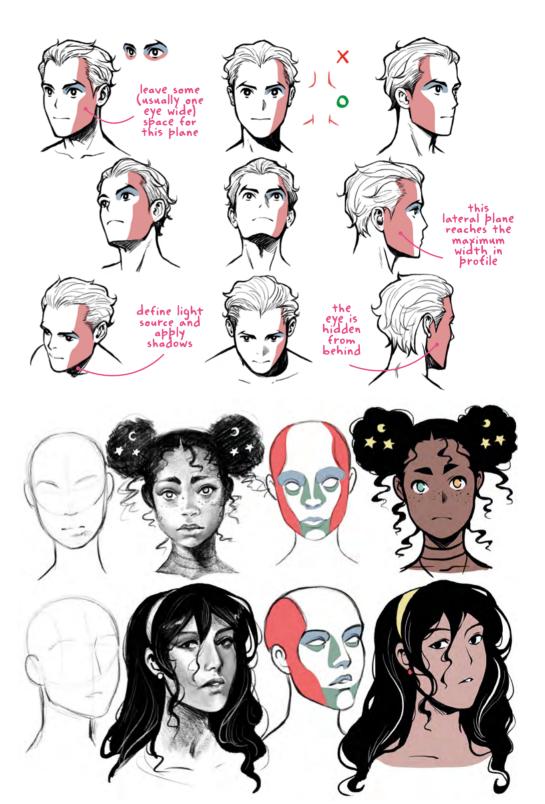
VOLUMES & ANGLES HEAD

The face is made indentations of and protrusions; the trick is to figure out where to place them. the eyebrows Under we have an indentation corresponding to the orbital cavity. Under the eyes we will have a protrusion at the lower eyelid. On the sides of the nose we have two 'slides' that make the nose three-dimensional correspond to the nasal muscle. Under the mouth we have a dimple at the orbicular muscle of the lower mouth.

shape

stylization





45

EYES

The eyes are the primary organ of the sense of sight. The eyes of fictional characters, however, are not only the tool with which they see and interpret their world.

Together with the eyebrows, they convey a lot of information on the characters' mood, ethnicity and age.

Authentic emotions - anger, happiness, fear, surprise, sadness - almost always involve the eyes. Disgust and contempt, conversely, do not always involve them.



Characters of different ethnicity and ages will have different eyes and eyelids.



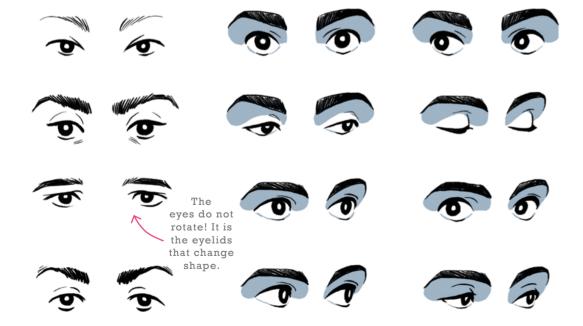
When drawing eyes, imagine a portion of a sphere surrounded by the eyelids.

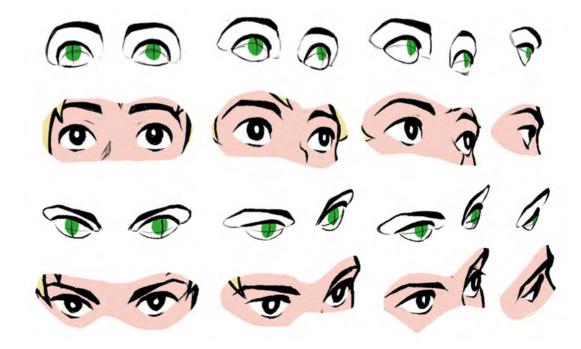
Sight is one of the most developed senses in the human being and is used to observe and interpret reality.

But how does vision work? The light penetrates our pupils and imprints itself in the retinas through the visual receptors, the cones and the rods, and is converted here into neural impulses which are sent to the primary visual cortex through the optic nerve.

Inside the visual cortex are binocular cells, which receive information from the two eyes relating to the stimuli present in a certain point in space.

From here, the raw information passes

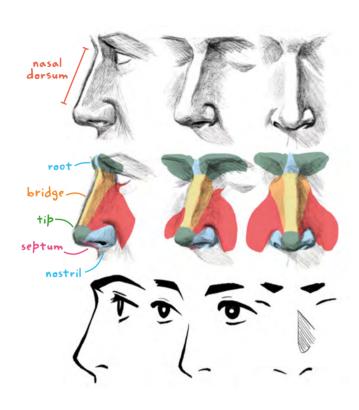


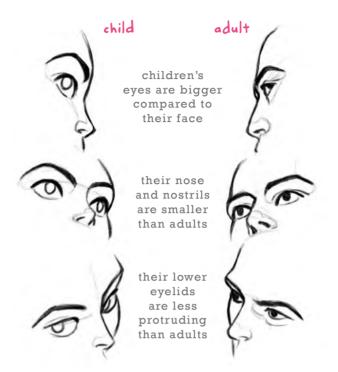


to the secondary and tertiary visual cortices, or associative areas of vision, which analyze, recognize and interpret the images processed by the primary visual cortex. But if the nose is right between our eyes, why don't we see it?

The nose is within our field of vision so we always see it. It is our brain that decides to ignore that visual stimulus, since it is of little importance because the nose does not move and is not necessary for vision: this mechanism is called selective attention.

Attention is a cognitive process that allows us

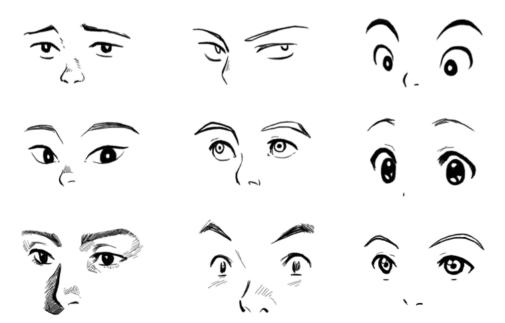




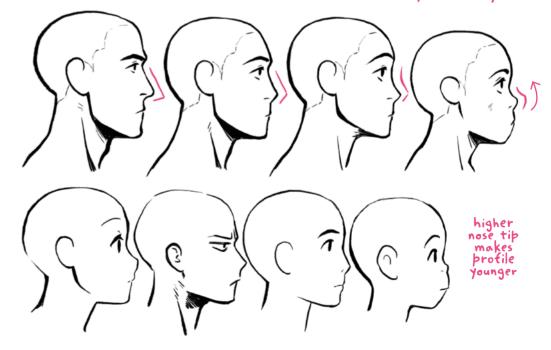
to organize the flood of information coming from outside through the sense organs, selecting some and ignoring others. In practice, we focus our mental resources on some stimuli or information at the expense of others.

However, we do not know if this selection takes place before the brain processes the content (early selection theory, Broadbend - 1958), or if there is no filter between the elaborated stimuli and the brain and we use selective attention to elaborate a response (late selection theory, Deutsch & Deutsch - 1963).

various nose and eyes styles



different profile styles



FACIAL EXPRESSIONS

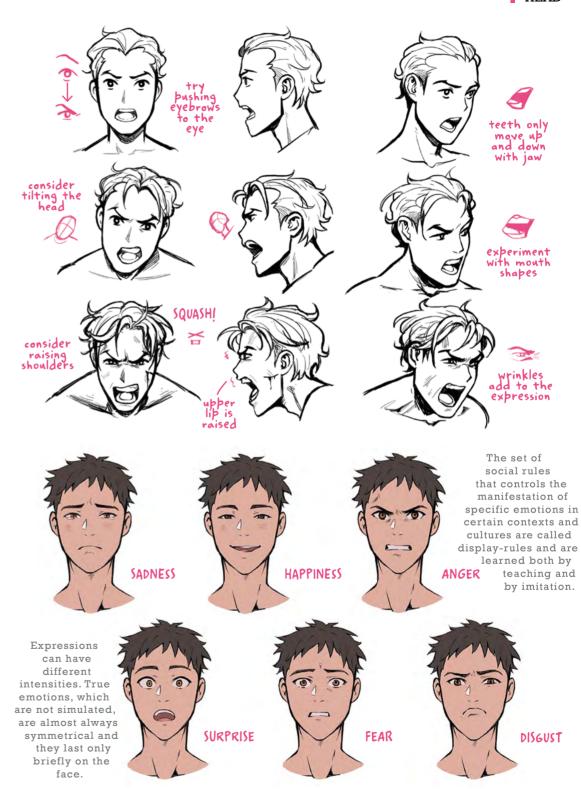
Facial expressions are a form of non-verbal communication that conveys an individual's emotional state to people who observe it through the muscles of the face. Facial mimicry can be spontaneous or simulated and is the primary means transmitting social information between differs humans and according to cultures. Some primary emotions, however, are universal. These are: surprise, fear, disgust, anger, happiness and sadness.



Consider pushing the eye brows towards the eye more for a stronger expression.



Indicating a shadow underneath the mouth can make the expression stronger.



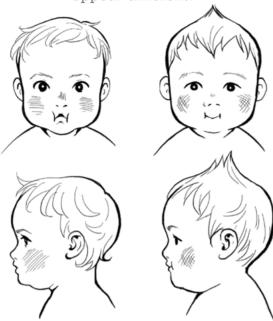
FACE **VARIATIONS**

The human face varies based on a number of chiefly factors: age. ethnicity, and gender.

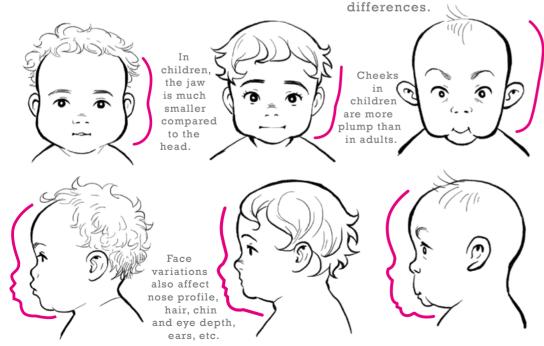
The genotype (genes) and other environmental factors all contribute to the morphological and physiological traits of the person.

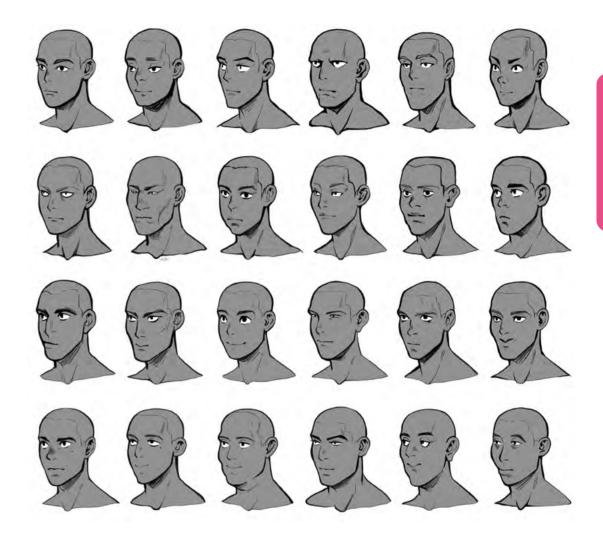
However, there are also phenotypic variations due to random factors. If these variations were not there, there would be no evolution by means of natural selection.

Even within the same ethnic group, children appear different.



Phenotype, genotype and environmental factors contribute to these





morphological and by a living organism is The depends strictly on the genetic of the organism, and is extent in the living body. phenotype. For this reason,

set of all the The color and shape of organisms with the same eyes, cheekbones the physiological or mouth are part of different phenotypes, as characteristics manifested the phenotype and are in the case of homozygous manifested on the basis called the phenotype. of the genes contained in same environment, they phenotype the genotype. However, will tend to grow and age environmental genotype, which is the hormones, lifestyle and construction other random events stimuli, they will age in during expressed only to a small can also influence the

genotype can manifest twins: if they live in the factors, similarly; If subjected to different environmental development different ways.

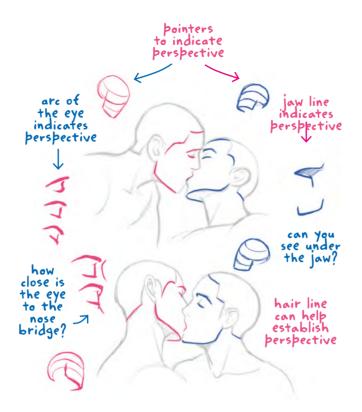
55

KISSING

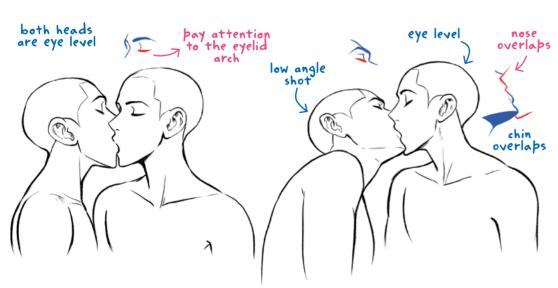
Now we know how to draw a proportionate head from different angles but what happens when two heads are very close, almost intersected, like when kissing?

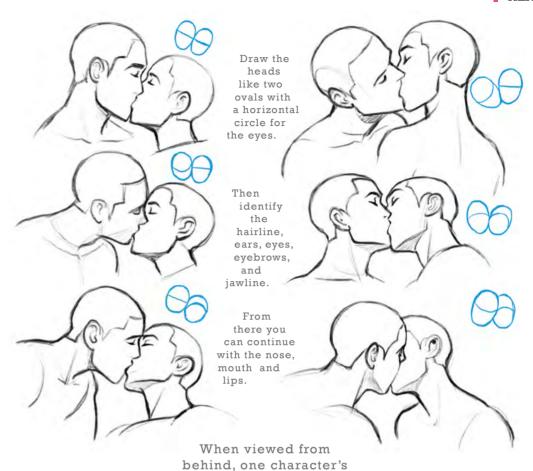
The vertical axes of the two heads usually tilt in opposite directions. Features change as well: the lips purse in simple kisses or open wide in French kisses. Sometimes noses are crushed against the cheeks of the other person. The neck leans forward, or it moves back into the shoulders.

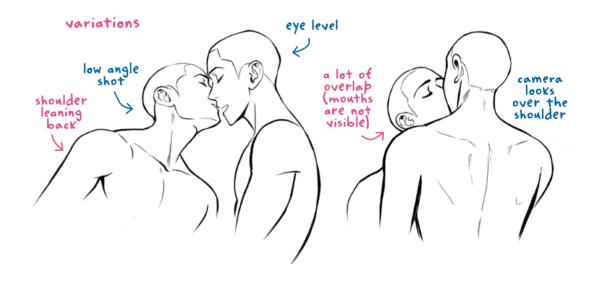
Let's see together how to draw these extremely difficult positions.



From a profile view, we will see the nose and upper lip of the character with the head closer to us.







will partially cover

the other.

You can also experiment drawing kisses with open mouths and eyes, or with both faces covered.

To help you with the poses, try to sketch them from memory and use some references to fix them.



Philematology, from the Greek 'philos' which 'love', is the means science that studies kissing, its meaning in different cultures and its functioning on a biological level. The kiss involves several facial muscles saliva, proteins, organic but mainly the skeletal muscle that surrounds sodium chloride. Bacteria the lips, the orbicularis can also be exchanged, oris. Simple kisses can

of muscles, complex kisses can involve over 30 facial muscles and over 100 postural muscles. The calories consumed during a kiss range from 5 to 26 per minute. During the kiss, the couple exchanges substances, fats and although 95% are not involve a limited number pathogenic to people with functioning immune systems.

During a kiss. the hypothalamus and adrenal glands are stimulated to produce hormones. including dopamine, endorphins, and serotonin.

That's why during the kiss there is an increase in blood pressure and heart rate, which can also cause redness of the cheeks.



we are still unable to understand the exact function of the kiss. For Charles Darwin, kiss was a gesture of sociability, with the aim of being recognized and between human beings. However, in 10% of the cultures of the planet, the customs and traditions.

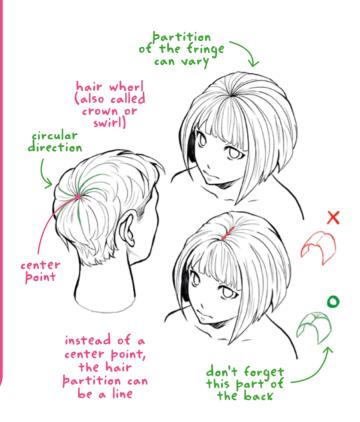
Despite these studies, In western society, the function of the kiss is establish intimate and close contact with the loved ones. Kissing in public is a generally accepted practice Western societies, but it establishing relationships is not well seen in Asian countries. Furthermore, in certain societies, the kiss is not seen only as kiss is not included in a loving gesture but can have other meanings. In

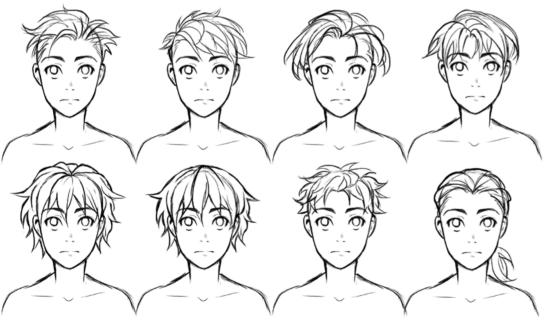
Europe there is the use of kissing on the cheeks between acquaintances and friends, sometimes involving only men and women, other times, as in France, also men and men. Sometimes there are two kisses on the cheeks; in Orthodox cultures there can also be three.

HAIR

Hair is a characteristic part of the body that varies in color, thickness and section of the hair also according to the ethnicity and gender of the person and other factors.

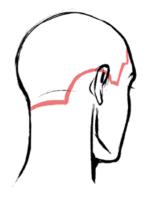
The hair is mainly composed of a protein called keratin, its color, however, depends on the melanin present in the follicle. The follicles are inclined approximately 75 degrees on the scalp and, when they are long enough, their weight makes them fall on the head with a certain volume.







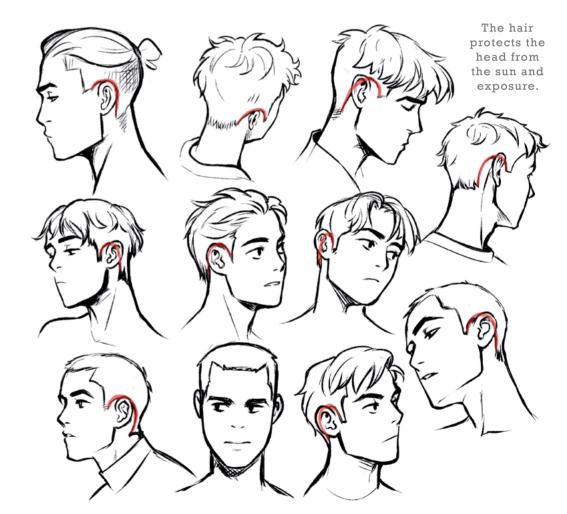




...it also changes according to gender...



...and it is circular around the ear.



Don't draw individual hairs. Divide them into locks.

Start from the part to make the locks fall on the head.

FORESHORTENING



Foreshortening is a type of perspective that gives the illusion of depth applied to an object.

Although it may seem easy to apply, perspective is not just the application of geometric rules. It is a distortion, applied by the artist, to an object situated at a certain distance from the observer or seen from an unusual angle, which can be high, low or artificial as in the fish eye perspective.

In this distortion, the parts of the figure that are closer to the observer will appear unnaturally large and the most distant parts will appear very small.

The illusion of perspective created by foreshortening allows the observer to reconstruct the figure in their head and figure out its exact proportions.

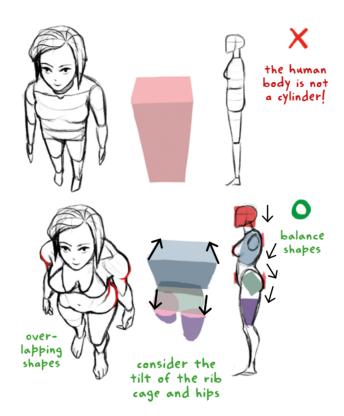
If applied in the wrong way, foreshortening can seem artificial, so you need to know the rules to make it look as natural as possible.

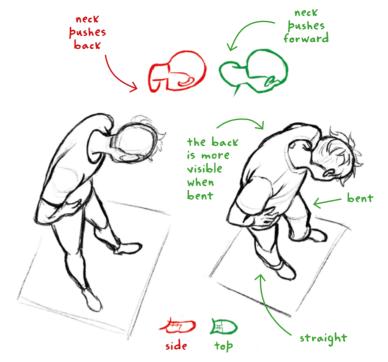
FULL-BODY

In a foreshortening view of a human figure, the whole figure apparently shrinks, with consequent densification of the parts of the body, that look closer together.

From an high angle, the torso can be simplified in a parallelepiped inclined backwards and the pelvis in a parallelepiped inclined forward.

The legs are similar to cone trunks which in women are closer at the knees, while in men they are closer at the attachment of the femur.



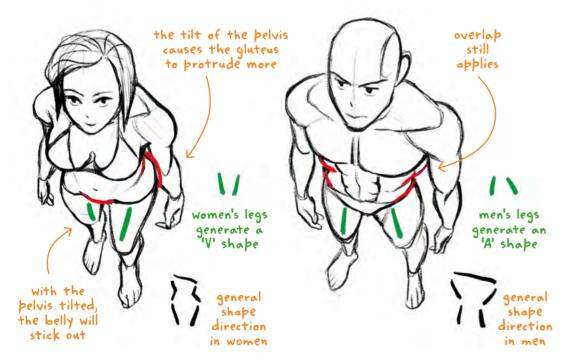


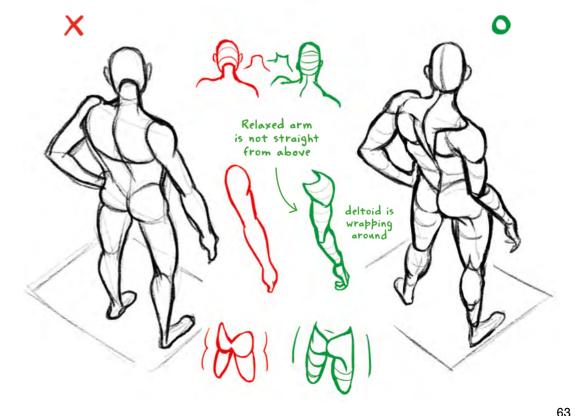
In bent figures seen from above it is important to consider the curvature of the back, with the shoulder blades protruding from the curve.

The shoulders will also be wider and the legs will appear smaller.

Also pay attention to where your figure rests to make it look natural and not unstable.

Place it on a rectangle in perspective seen from above, as if it were the pedestal of a statue, and use it as a base to build your full body figure.



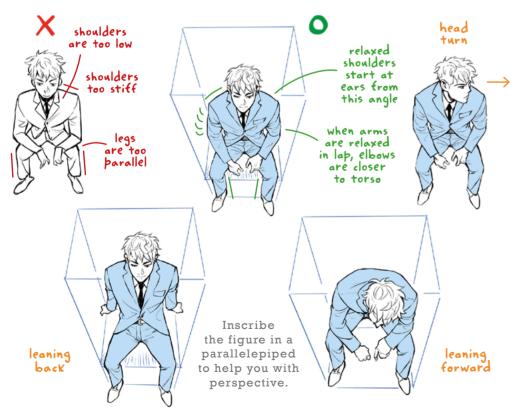


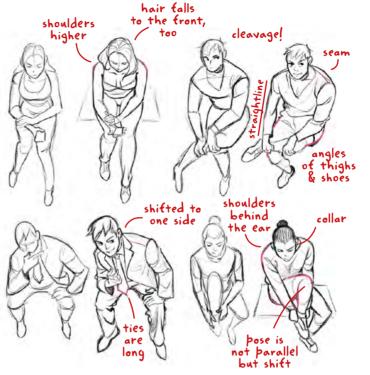
FULL-BODY FORESHORTENING

Foreshortening is very different in visual arts and in photography. While a camera will greatly distort a figure in perspective, the artist will have to mediate the optical effect to make the view seem more natural and similar to that of a real eye rather than that of a lens.

To obtain a less dramatic effect, just reduce the size of the object (or part of the object) that we see in the foreground. In this way, the parts of the object closest to the observer will form a harmonious whole with the rest of the figure.

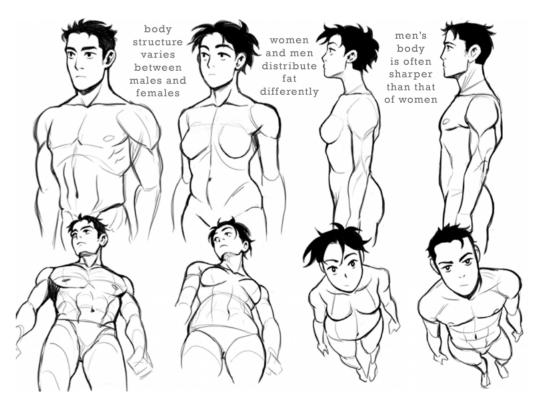






To emphasize its drama, you could enlarge the size of the objects in the foreground instead or reduce it for objects that are further away, for a more dynamic effect.

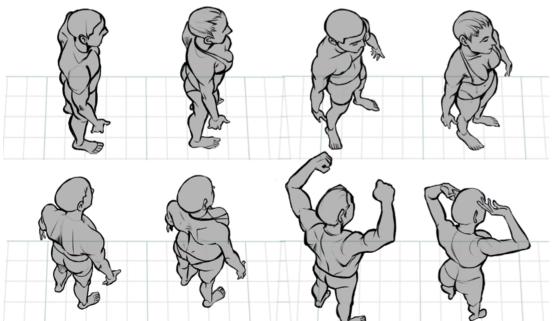
Foreshortening in the visual arts was applied for the first time in the early Renaissance by Paolo Uccello, Vincenzo Foppa and Andrea Mantegna. Starting from the Renaissance and up to the Rococo, this technique was widely used to give the illusion of depth in art and inside twodimensional supports.

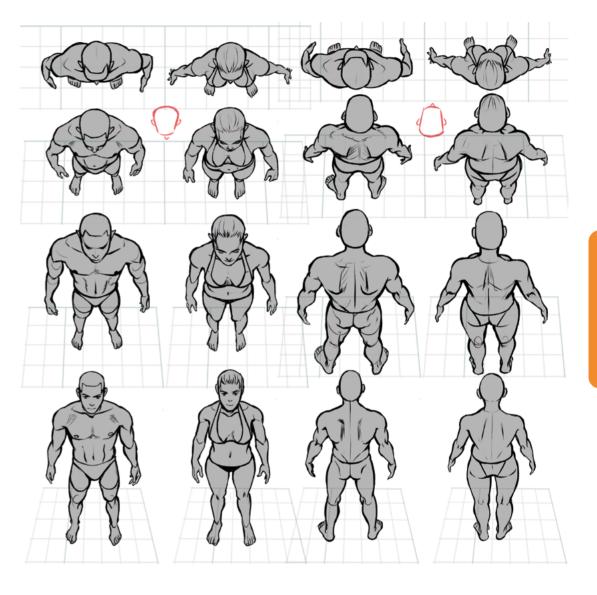


FULL-BODY FORESHORTENING

To represent solid figures on a plane, we resort to graphic representation techniques called projections, where the solid is projected onto a plane through projection lines generated by a center of projection, called P. If P is at infinite distance from the object, we will have projection parallel lines and consequently a parallel projection perspective. or Orthogonal projections axonometries and included in this category. These types of representations are widely used in technical drawing. However, if P is located

parallel three-boint perspective perspective parallel converging lines = infinite lines = finite center of center of projection projection





at a finite distance from the object, we will have divergent projection lines generated by the P,

human eye.

The P of the central perspective coincides with the vanishing point called vanishing point. and is located on an ideal These projections are straightlinethat starts from his theoretical treatise called conical or central the eye of the observer De Pictura (1436) and by projections. The different and fall perpendicularly Piero della Francesca types of perspective fall on the pictorial plane. in his De prospectiva into this cathegory that The linear perspective pingendi (1475). simulate the vision of the was developed in the

fifteenth century Filippo Brunelleschi but his rules will be established only later by Leon Battista Alberti in

HEAD, NECK & **SHOULDERS**

The shoulder is the point of the human body where the arm connects to the torso and it includes three bones: the clavicle, the scapula and the humerus. The joint that connects mobile of the whole human body, allowing the rotation The shoulder joint is where the head of the humerus (convex) fits into the glenoid (concave) cavity of the scapula.







The shoulder, or shoulder major. girdle, is the joint that connects with the arm, allowing movements many thanks to its main muscles: the trapezius, infraspinatus, the deltoid, the pectoralis major, the supraspinatus, the teres minor, and teres

The tendons of the infraspinatus, supraspinatus, subscapularis and teres minor form the muscletendon complex called the rotator cuff, a real protection that wraps shoulder is the deltoid, around the head of the humerus. In the shoulder subscapularis, there are five joints: the glenohumeral

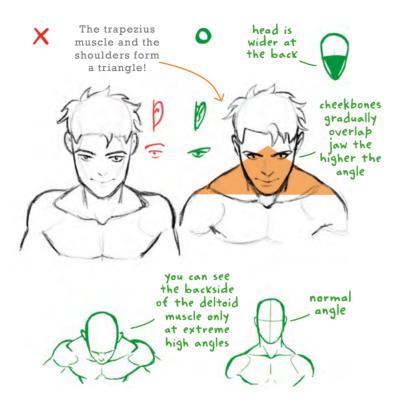
known as the shoulder or shoulder joint), the acromioclavicular, sternoclavicular, scapulo-thoracic, the subdeltoid.

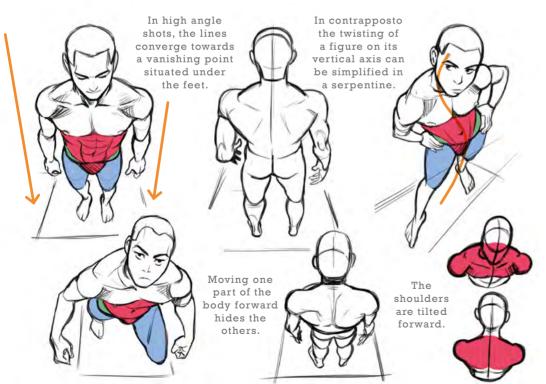
The largest muscle of the which has the function of lifting the arm but also of moving the shoulders (better forward and backward. >

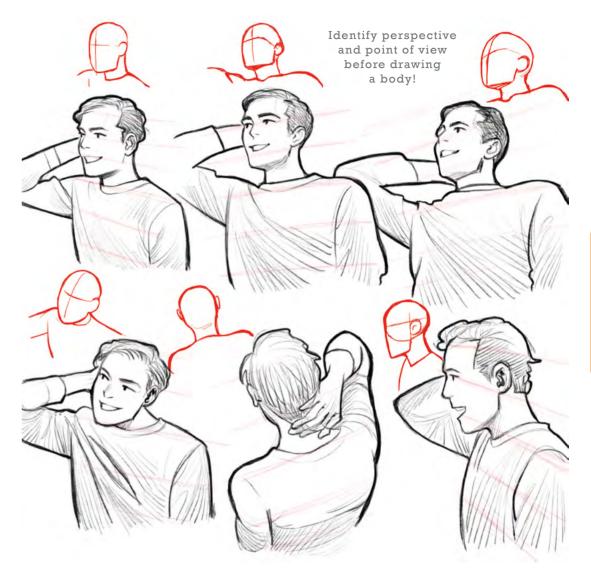
HEAD, NECK & SHOULDERS FORESHORTENING

▶ The trapezius is located between the back of the neck and the dorsal part of the thorax. It is part of spinoappendicular the muscles. superficial back muscles, and is divided into 3 parts which are called, from top to bottom, descending, transverse and ascending and have a different muscle fiber pattern. The upper fibers act in the elevation of the scapula or in its strengthening during the transport of weights, supporting the weight of the arm.

medium The fibers develop almost horizontally from one







shoulder to the top, and are used to adduct scapula towards the vertebral column, retracting it medially.

The lower fibers allow you to move the scapula downwards, that depress it, and rotate it When we lift our arms and medially.

fibers are both activated

during the rotation of the scapula and all the fibers of this muscle together help to stabilize it.

The trapezius extends, rotates and tilts the head, both on the horizontal is, axis and on the side.

we fold them, moving the The lower and upper hand behind the head, both the descending trapezius muscle and the deltoid contract, gaining mass.

When we abduct the humerus (we raise the arms assuming the typical T shape), the deltoid is the muscle most at work up to 90°. From 90° upwards, it is the trapezius and the serrratus anterior muscles that are doing the work.

71

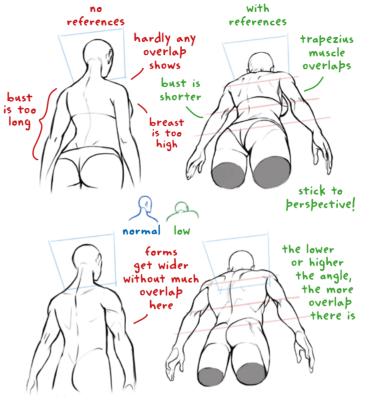
ARMS & BACK

The arm (humerus) and forearm (ulna and radius) are connected to each other via the elbow joint. When we flex, i.e. bend, the arms, the elbow will protrude outwards at the olecranon, an extension of the ulna which prevents the elbow from being inwards.

When we extend the forearm, the elbow will not protrude from it because the olecranon fits into a pyramidal depression of the end of the humerus, called the olecranon fossa.

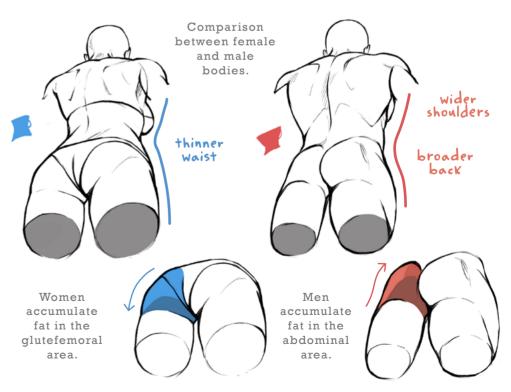






The back is the rear part of the trunk and it can be divided into two regions: the thoracic area, which is the upper part and is connected to the upper limbs and thoracic organs, and the lumbar area, which is the lower part and is connected to the lumbar spine and abdominal organs.

The muscles of the back determine the posture of the body and control the movements of rotation, flexion and extension of the trunk. Furthermore, they protect the organs of the chest and abdomen, forming part of the walls that isolate them from the outside.



CLOTHES, FOLDS & SHOES

Clothing consitutes the apparel and the accessories worn by a person, that define their external appearance and which can have a social or cultural meaning.

There are several hypotheses on the birth of clothing and experts situate it in prehistory but the precise moment seems to coincide with the migrations of Homo Sapiens from Africa to the north, which occurred between 50000 and 100000 years ago.

The use of clothing is a custom born both to protect the body and to perform a symbolic and psychological function, such as wearing the skins of killed animals to be accepted within a social group or to communicate one's social status.

We could not retrace the whole history of costume in these few pages but Miyuli will share with us some ways to draw clothes.

Let's see them together!

L.C.

cuisse

| boleyn

9reave

sabaton

CLOTHES

Clothing either can practical perform function, as it protects from the sun, from the cold and from the wind, and an aesthetic or a symbolic function, as in formal or religious dresses.

The latter two are deeply linked to the location and culture of the different human communities.

Clothing is also product of the textile industry and, as such, is linked to technological development and to the materials used, to the trend of fashion and to consumption.

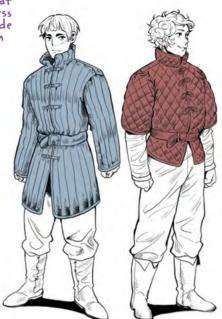
gambeson or aketon is a quilted and badded armour

It is a lacket with badded layers that varies in thickness and weight, made of linen, cotton or wool.

often lt is combined with mail and plate and it can be used as a winter coat or as an armour.

PROS: Protects against cuts, biercing and blunt Weabons; a very thick gambeson could even protect against arrows.

CONS: It is weak against very sharp swords



The use of trousers has been documented in figurative arts since the Upper Paleolithic.





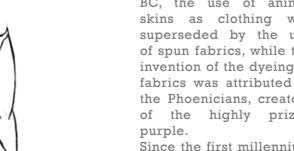












experienced rapid growth due in part to the increased demand for fine fabrics by European nobility. Starting in the Renaissance, quality of clothes increased for

to produce.

In the following centuries, textile production remained strongly linked to economic and technological growth; this was helped by by inventions like the loom by Joseph Marie after the invention of Jacquard in 1790 and the sewing machine by John J. Greenough in 1842.

77





■ bevor (chin defense)

qauntlet

■ fault

tasset

■ breast & back plate

■ bauldron

couter

upper cannon

lower cannon

AD, the trade of fabrics scissors and steel needles between East and West that made clothing easier

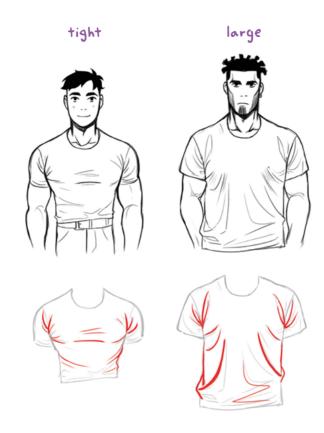
CLOTHES, FOLDS & SHOES

FOLDS

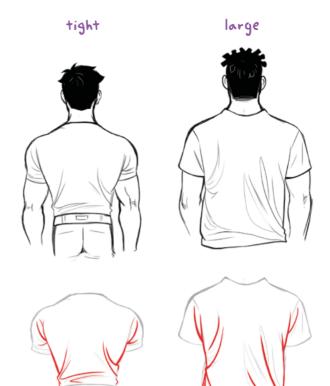
Each garment affected by the force of gravity will generate folds, which will vary according to the fabric it is made of and its weight, how it has been sewn, how much it adheres to the body and the volume of the body it covers.

To draw the folds, it is necessary to think of them in spatial and in physicsrelated terms.

In this section we will see relatively light fabrics such as cotton or thick like wool, and the folds they create when falling on the body.





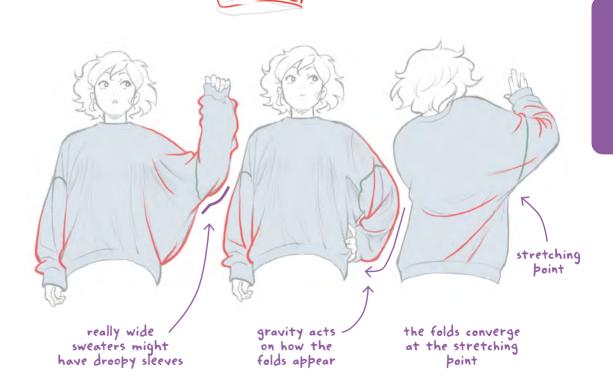


Before designing clothes, it is always necessary to start from the human figure below them.

The folds of the clothes, in fact, are strongly influenced by the physicality of the body that is below them, by the material of which they are made and by the way they are sewn. The fabric can be folded if it is compressed or stretched if the body is under tension.

Furthermore, if the fabric is elastic and tight, the garment will adhere more closely to the body, following its shape.

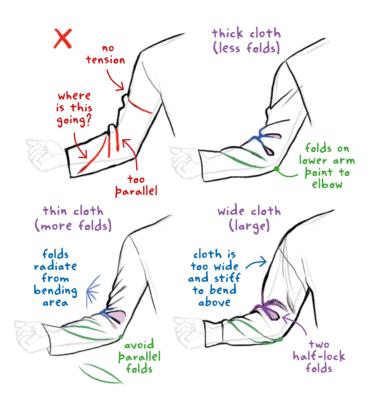
The thickness of the fabric also affects the folds: in thick fabrics the folds

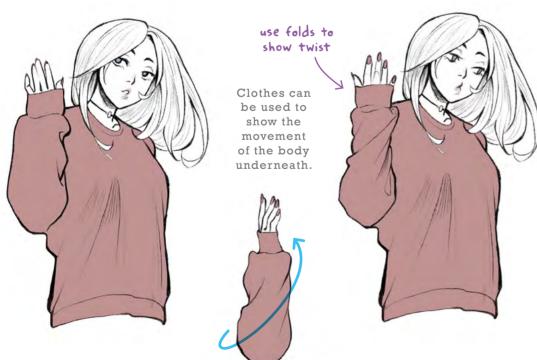


FOLDS CLOTHES, FOLDS & SHOES

will take on the typical angular shape; in thin fabrics the creases will fall softly as in a liquid. Also, wide clothes will tend to fold back on itself, like an accordion, and they will generate more visible creases also due to the force of gravity acting on them.

In clothes, the folds are concentrated in the part of the fabric corresponding to the joints, creating compression folds. we extend our arms, some linear folds will form where the garment these extends: are called stretch folds. There are different types of folds that we can find in

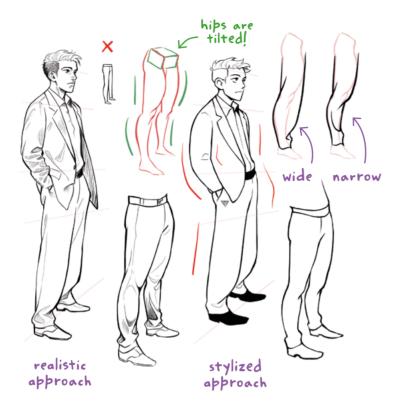




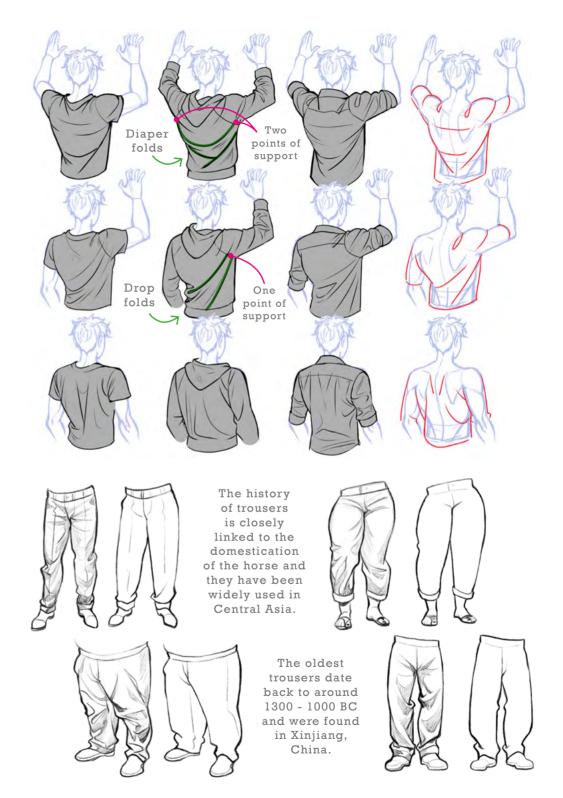


FOLDS CLOTHES, FOLDS & SHOES

▶ 4) Half-lock folds, which occur when a tubular fabric suddenly changes direction, creating depressions in the fabric; 5) Diaper folds, which occur when a drapery is hung at two points that support it while the part in the center falls on itself; 6) Drop folds, a variation of the diaper folds where the fabric hangs from a single support point and falls downwards with a conical shape, such as trousers from the knee or a hanging cloth; and 7) Inert folds, are the folds that are generated on a firm surface, such as clothes left on a chair or on a surface.



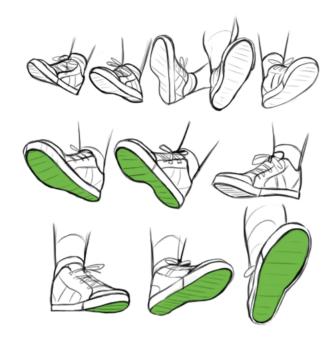




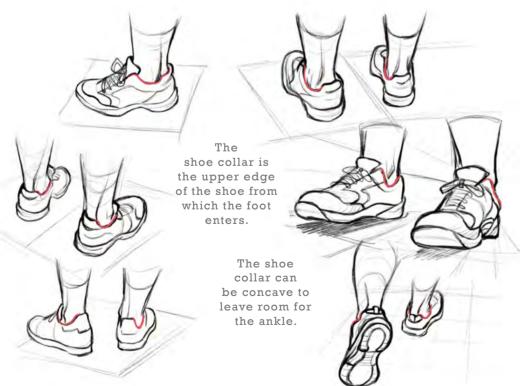
SHOES

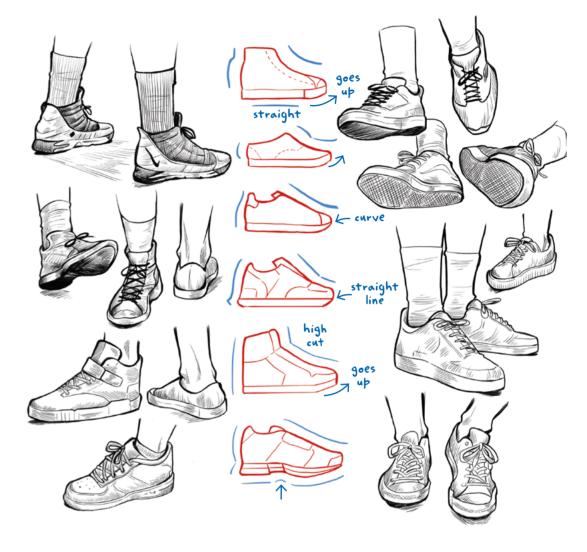
The shoe is a footwear that protects the foot and facilitates walking on the ground but can also be a design and fashion object. The first shoes that we know of are bark sandals dating back to about 7300 BC from North America. Shoes may have existed before then, but due to their perishable materials, we haven't discovered any. The oldest leather shoes were found in Armenia and probably date back to 3500 BC.

Originally, the appearance of the shoes was closely related to their function.



To draw the shoes you can start identifying the shape of the sole and put it in perspective.





Shoes are formed by the sole, the part in contact with the ground which can consist of a single material and a single layer or have multiple layers and materials. In this case, it are high-heeled shoes may have an insole, which is the inner bottom of the shoe, an outsole, which is the layer in contact with the ground, and a midsole, a layer between outsole and insole, often

at the heel of the foot to absorb shocks. The heel is the back and bottom of the shoe that supports the heel of the foot. Today, in western countries, there used widely by women.

The upper is the upper shoe collar or cuff. part of the shoe that holds the sole in position and can be decorated or have buttons, laces or buckles. The strip that connects

the upper with the sole is called the welt.

The toe cap is the part of the front shoe that protects the toes.

The upper part of the shoe, the one where we insert the foot, is called topline,

85

BONUS MATERIAL

We have therefore reached the end of this creative journey.

This last part of the book is dedicated to insights that it was not possible to include in the previous chapters.

Here we have collected some tips on how to deal with color, a fundamental tool of visual grammar and a fundamental element of artistic expression.

There are many ways to analyze color, from physical to chemical, to get to the psychological-perceptive one that will be our topic of discussion.

Finally, Miyuli will give you some ideas on how to draw cats, our beloved domestic felines.

I hope this last chapter will inspire you to create your own works of art!

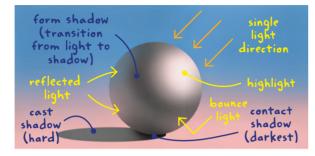
L.C.

COLOURING

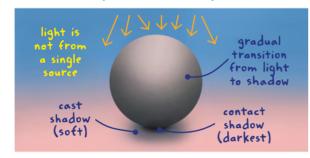
The perception of color changes according to several factors: 1) the local color, which is the object's own color; 2) the tonal color, that is how the color varies according to the lights and shadows on the object; and 3) the color of the environment, the way in which the colors of the surfaces surrounding the object are reflected on the object itself.

The perception of colors also varies according to the matter and size of the observed object and the proximity to other colored elements.

DIRECT LIGHT (SPOTLIGHT)



OVERCAST LIGHT (DIFFUSED LIGHT)



high contrast

high key with dark accent



positive, hopeful

mid range

calm



drama, tension, intense moments

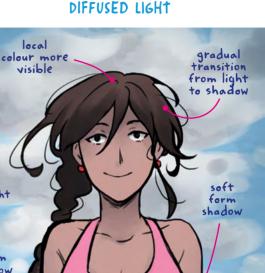


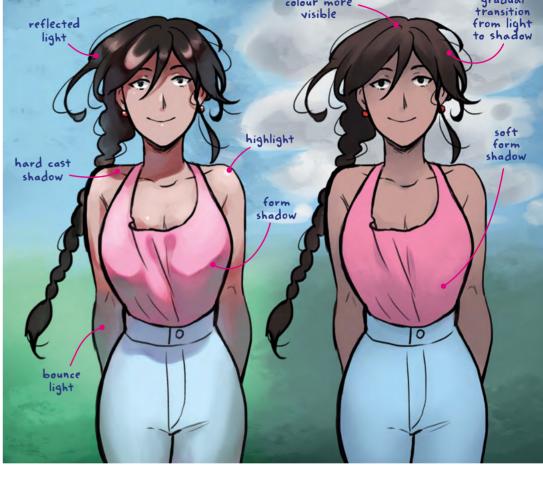




full range shows everything, informative

DIRECT LIGHT





The most important role of colour and light is to evoke emotions.

The surface of an object absorbs some light frequencies and reflects others: this property determines its color. A surface appears white when it reflects all the radiation it receives, black when it absorbs them all.

First, figure out your light sources, the brightest and warmest areas.

The perception of the colors of an object also varies according to the light source, the intensity of the light and the environment, i.e. the atmosphere that is interposed between the eve and the object.

Don't overdo details in unimportant areas. Simplify values for a stronger statement.

Daylight is a cold, white light and colors, especially reds, appear more intense with this lighting. If the light is dim, however, the greens and blues will stand out, while the reds will lose brightness. The most neutral light

COLOURING BONUS MATERIAL

to observe the colors is the diffused one, present during the day when the sky is slightly hazy. The perception of each color also changes according to three variables: hue, brightness and saturation.

Hue is the actual of the object color corresponds to a particular wavelength. If we add another tint to a color, we will obtain gradual chromatic scales, as in the Itten circle, in the adjacent picture.

Joahnnes Itten (1888-1967) was a painter and teacher at the Bauhaus



exposing for shadow



exposing for light



MOONLIGHT

SUNLIGHT

FAVOURITE

OVERCAST LIGHT



Suggest details to make viewers fill in the gaps.

BLACK & WHITE

BACKLIGHT

and it's to him that we owe the structural theory of mixture the secondaries color, which studies and organizes colors and how they are perceived by our of the colors of the wheel eve.

Itten's color circle starts from the three primary colors (red, blue and yellow) that we see in the

Textures are hardly visible in dark areas. Put them in lit areas instead.

center and from whose formed are (green, orange, purple). The rest are called tertiary colors and result from mixing the primary color with the adjacent secondary.

The saturation is a variable

Change of coloured illumination is tied to emotional change. Use it in narrative art.

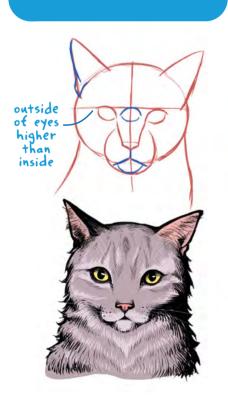
that refers to the purity or intensity of a color. A color is pure when it does not contain parts of black or white.

The brightness of a color is given by the amount of light it reflects and is measured by adding black and white to it.

CATS

The domestic cat is a small mammal belonging to the feline family. With a very flexible body, it is specialized in night hunting also thanks to its very refined eyesight and excellent hearing.

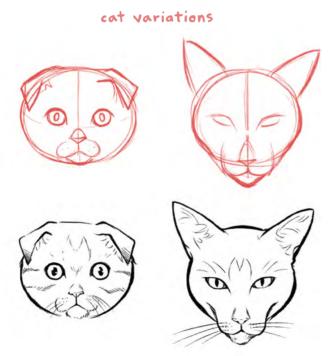
Ouiet and reserved animals, they have been faithful companions of man since 3500 BC in ancient Egypt, where they were used to protect from infesting homes rodents. Buddhist monks also welcomed cats, both to protect their sacred texts from mice, and for their discreet company and independence.

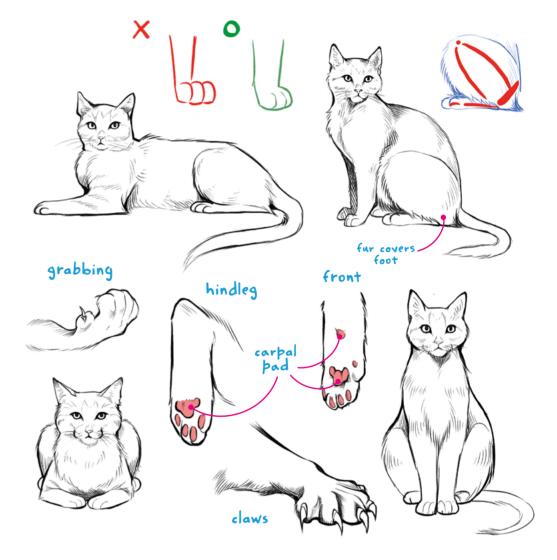




mouth/nose

area is lower





Although they have been in the length of the hair. domesticated for several thousand years, cats can still survive in the wild, thanks to their nocturnal sight and their innate ability to hunt small prey. The independent character of the cat is preserved in all domestic with slight variations, essentially in the color of the coat and

The cat's body is very flexible in particular thanks to having more lumbar vertebrae compared to humans (7 in cats versus 5 in humans). The tail makes cats capable of unique abilities such as always landing on their paws even if overturned during a jump or fall.

The cat's skull has very large eye sockets and frontal vision, typical of predators.

The cat's night vision is optimized both thanks to the slit pupils, which in case of low light can expand to the limit of the irises, and thanks to the tapetum lucidum placed behind the retina that reflects all the light

93

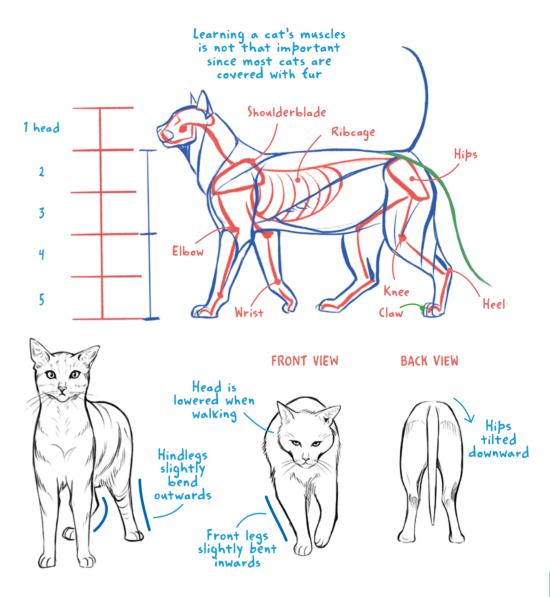
CATS BONUS MATERIAL

received towards the retina itself and increasing the vision of several vertebrate species. Thanks to this excellent sight and the teeth made of very close canines in proportion to the size of the jaw, cats have specialized in capturing and killing small prev. In addition, the cat's ear can detect and pick up a wide range of sound and ultrasound frequencies, thanks in part to moveable auricles.

As for walking, the cat is digitigrade: it therefore walks on the toes and during walking moves







both legs first on one side then those on the other. When running, however, gait becomes diagonal and the cat will simultaneously move one foreleg with the hind paw Its claws are retractable opposite it.

fingers. These pads are also a very important organ of touch for the cat, cushioning falls and allowing him to climb rough terrain.

and in a relaxed position The cat can move without are coated with fur and making the slightest skin. When attacking, noise thanks to the fleshy cats can voluntarily draw pads that protrude at the their claws. They usually

have 5 claws in the front legs, which are sharper and suitable for grabbing prey, and 4 in the hind

BIBLIOGRAPHY —

- CAWTHORNE N., PATTISON A., A Century of Shoes: Icons of Style in the 20th Century, Book Sales, 1997.
- BRADLEY B., Drawing People: How to portray the clothed figure, North Light Books, 2003.
- DELLAVECCHIA S., Assonometria, prospettiva e teoria delle ombre (Italian edition), SEI, 2005.
- DRAKE P., OSTI R., Basic Human Anatomy: An Essential Visual Guide for Artists, Monacelli Pr. 2016.
- EDWARDS B., Color: A Course in Mastering the Art of Mixing Colors, Tarcherperigree, 2004
- EKMAN P., FRIESEN W.V., Unmasking the Face: A guide to recognizing emotions from facial expressions, Malor Books, 2003.
- HAMPTON M., Figure Drawing: Design and Invention, Mcgraw-Hill, 2010.
- HUSTON S., Figure Drawing for Artists: Making Every Mark Count, Rockport Pub, 2016.
- JANSON H.W., A history of Art (fifth revised edition), Thames & Hudson, 1995. LAURICELLA M., Anatomia artistica. Carnet di morfologia (Italian edition), L'ippocampo, 2017.
- LOLLI A., PERETTI R., ZOCCHETTA M., Struttura Uomo. Manuale di anatomia artistica (third edition Italian edition), Colla Editore, 2020.
- MARTIN K., RONNBERG A., The Book of Symbols: Reflections on Archetypal Images, Taschen, 2017.
- NORLING E.R., Perspective Made Easy, Dover Publications, 1999.
- PATTON K.T., THIBODEAU G.A., Structure and Function of the Body (15th edition), Mosby, 2015.
- SUNQUIST M., SUNQUIST F., Wild Cats of the World, University of Chicago Press, 2002.
- SWANN J., History of Footwear in Norway, Sweden and Finland: Prehistory to 1950, Almqvist & Wiksell Intl, 2001.
- TORNAGHI E., *Il linguaggio dell'arte. Vol. A. Educazione visiva: analisi e produzione* (Italian edition), Loescher, 2001.
- Vv.Aa., Enciclopedia generale Mondadori (first edition Italian edition), Arnoldo Mondadori Editore, 1984.
- WALKER, W.F., Study of the Cat with Reference to Human Beings (fourth revised edition), Thomson Learning, 1982.

A COLLECTION OF TIPS FOR ARTISTS AND ART STUDENTS

Art Tips Collection is a collection of over 200 art tips, sketches and studies created by the renowned artist **Miyuli** from 2017 to 2020.

Part one of this collection focuses on human anatomy, including chapters about full-body figures, the neck, the torso, arms and legs, hands, hips, feet Part two focuses on the human head, in front and profile views. This includes analysis of volumes and angles of the head, eyes, the nose, hair expressions and face variations.

Part three focuses on how to draw the body from different angles including the tricky technique of foreshortening. This will also include how to apply angles to the human body, the neck, the head, shoulders, the torso, arms, and hands.

Part four focuses on drawing clothes, folds, and shoes. And a special part five includes bonus chapters on colouring and drawing cats.

